

Yoish's Journey

Posted by Yoish - 23 Dec 2009 22:02

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Hi this is yoish. I'm not really replying to this topic--I just can't figure out how to start a new post. I haven't posted in a long time, but better late than never. My real problem is as follows: I'm a 21 year old yeshiva student residing in the yeshiva dorm. Ever since my puberty, my sexual desires have been towards males and not females. I've tried many things to help myself--but none of it worked. Being in an all male enviroment makes it extremely difficult for me not to get turned on and resort to masturbation etc. I'm surrounded by good looking guys 24-7 and thus my addiction to sexual fantasy is crazy. I'm trying to recover and gain sobriety etc. but its impossible because my yeshiva enviroment is constantly throwing me for a loop. I've considered leaving yeshiva and going to a more mixed enviroment thinking that such would help matters but I'm uncertain of the validity of such a plan. If you can please give me some ideas or just some general support---because I'm falling quickly....Thank you very much. Yoish L'chaim--to life!!

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Posted by silentbattle - 23 Dec 2009 23:27

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Hi, Yoish!

I don't mind responding here, but maybe you'd prefer that I wait for you to start your own thread? There should be an option for that on the main "break free" page, or you can just add a new post to your old thread...

Welcome back!

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Re: Yoish's Journey

Posted by silentbattle - 24 Dec 2009 00:32

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Alright!

Welcome again!

Your battle is a difficult one, and I cannot imagine how tough things are for you - and I have tremendous respect for you, and the fact that you've come to continue looking for answers on improving your avodas hashem!

First of all, I'm not sure if moving to another environment would help - being with a 50-50 split of men and women will still leave you surrounded with lots of men, and out of the frum framework of a yeshiva.

Have you discussed this with a therapist (preferably a frum one, so that he can fully understand the issues you're facing)?

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