

Good Idea or Bad Idea?

Posted by NeverQuit - 13 Aug 2021 01:29

Hey all, I need some advice here.

I've made progress with not watching and not searching up the wrong things B"H. Still not perfect, but its a work in progress.

What I am really struggling hard with these days though is the masturbation. It is a nightly challenge and I can rarely go three or four nights in a row without doing it (which itself is a big improvement from the every night that it used to be).

I though of an idea that might help me, but I need some outside opinions because I don't know if its actually my Yetzer Hara that's pushing for it.

Back in my watching days I've seen videos where men are put into chastity devices not allowing them to have pleasure. In a way I found this arousing. Recently I thought that if I put myself in one every night and kept the key in the bathroom, it would be a deterrent for me and make it easier to control.

?However I'm really not sure because, as much as I'm embarrassed to admit it, the thought of it does arouse me. And that's why I need opinions from you guys to let me know if it is actually gonna help or make things worse.

This was hard to write,

Thank you all.

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Re: Good Idea or Bad Idea?

Posted by lionking - 13 Aug 2021 01:43

I applaud you on taking the courage to write. I know how hard it can be.

My opinion for all that its worth, is that it is a bad idea. I highly doubt something which is arousing to you and will be a constant reminder to stuff you used to watch, can work for your benefit. I think the risk far outweighs any perceived benefits.

Hatzlacha Rabba

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Re: Good Idea or Bad Idea?

Posted by sleepy - 13 Aug 2021 09:55

[NeverQuit wrote on 13 Aug 2021 01:29:](#)

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Thank you all.

nice idea,but...

i think i read somewhere that such a tool can cause damage to the penis so beware. thats one of the big problems with what we watch, we see the "good" and "fun" in them ,but dont see all the loss in them , do you know how much mankind are suffering from very painful STD's sexually transmitted diseases? there was a certain act which i once saw and wanted to do, its not asur to a married man, and i read that it is a common cause for damage to the organ ,even though one would not guess so from the act that was shown. im sorry ,i hope i was not too graphic. i just posted because i felt it would be of benefit .

another problem with your idea is , what if G-D forbid something happened and a person is rushed off to the hospital and they discover that cursed contraption , parents will find out ,the ER staff will burst out laughing ...

so no , i dont think its a good idea, but thanks for being brave to ask , and Hashem should give you great successful ideas how to remain clean.

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Re: Good Idea or Bad Idea?

Posted by Rt234 - 14 Aug 2021 21:16

I don't know how much my say is worth.

but...

if you plan on putting it on at nights then it must be you still have access to the key, because You need to take it off in the morning. So if you're caught by a urge there is nothing stopping you from simply taking the key and opening it so there is absolutely no Gain. It's just the yetzer hara thinking of new ways to arouse you.

(There may be more down sides of this I just answered a direct answer to your question)

I wish you much hatzlacha!!

all the best!!

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