One of the most inspiring videos I've ever seen Posted by FighterWithFire - 03 Aug 2021 16:57

This is a 5-minute-video by Jocko Willink, former Navy Seal (Leader of Seal Team Three in the Iraq War), now podcast host and CEO of The Echelon Front, and motivational speaker. It's an incredible message of how to take control of one's life, and keep pushing forward in hard times. Highly recommended.

www.prageru.com/video/discipline-freedom/
