

Not sure why I am posting.

Posted by optimisim - 01 Aug 2021 17:17

---

Look chevra. I had my best streak of 70 days. I fell. I just do not feel that I have the wherewithal to start that streak again. I also have the challenge that my wife gets her period mamish at the worst time. I.e. vacation etc. Which doesn't help. I don't know if posting will help. Being on day 1sucks. The only thing good about it is that it is very humbling.

=====

Re: Not sure why I am posting.

Posted by Birshusi - 01 Aug 2021 17:25

---

[optimisim wrote on 01 Aug 2021 17:17:](#)

Look chevra. I had my best streak of 70 days. I fell. I just do not feel that I have the wherewithal to start that streak again. I also have the challenge that my wife gets her period mamish at the worst time. I.e. vacation etc. Which doesn't help. I don't know if posting will help. Being on day 1sucks. The only thing good about it is that it is very humbling.

Sorry to hear! It helps me to look at the cumulative clean days on my 90 day count. I fell hard after a very long clean streak and was pretty upset, but after seeing just how long I went without falling, I felt much better. The schar for the clean days doesn't get erased with a fall.

=====

Re: Not sure why I am posting.

Posted by Markz - 01 Aug 2021 23:54

---

[optimisim wrote on 01 Aug 2021 17:17:](#)

Look chevra. I had my best streak of 70 days. I fell. I just do not feel that I have the wherewithal to start that streak again. I also have the challenge that my wife gets her period mamish at the worst time. I.e. vacation etc. Which doesn't help. I don't know if posting will help. Being on day 1sucks. The only thing good about it is that it is very humbling.

Sorry to hear.

Vacation time is about bonding time.

Does it always have to be about sex?????

)

=====

Re: Not sure why I am posting.

Posted by optomisim - 02 Aug 2021 04:07

---

Its not about sex always but I have communication shut down when she's a nida.

=====

(Im asking myself