

and... here we go again

Posted by 5770 - 07 Jun 2021 00:35

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day 1

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Re: and... here we go again

Posted by Sapy - 07 Jun 2021 00:46

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Welcome back buddy!!! Good to see you back!!

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Re: and... here we go again

Posted by 5770 - 07 Jun 2021 01:11

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ha thank you! Kinda hoping nobody would remember me...

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Re: and... here we go again

Posted by Sapy - 07 Jun 2021 01:18

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You still owe me a lechaim... I wont forget that so fast....

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Re: and... here we go again

Posted by wilnevergiveup - 07 Jun 2021 06:35

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Oh my heavens, your back.

At least you have the guts to come back using the same username.

I was thinking about you the other day, it went something like this, "wow, GYE is really not a place to make loyal friends..."

It ain't just you but I think you are going to have to supply us with an email or something so that we can get hold of you on your next escapade to the north pole.

How are things?

How is it going at home?

Praying for you.

Wilnevergiveup

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Re: and... here we go again

Posted by DavidT - 07 Jun 2021 13:51

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[5770 wrote on 07 Jun 2021 00:35:](#)

day 1

The phrases "*Hayom* al l'vovecha" and "asher Anochi metzaveh es'chem *Hayom*" in kriyas sh'ma are both explained by chazal to mean that His proclamation here is *new* - **today is the first day**.

This is precisely living one day at a time. It is an approach to life in kriyas sh'ma itself. It reminds us each time we say it that Hashem is concerned with how we do today. Not yesterday, nor

tomorrow. Teshuva is only relevant inasmuch as it affects **today's** avodah. Hashem only asks for one day at a time!

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Re: and... here we go again  
Posted by 5770 - 07 Jun 2021 14:00

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thank you guys for the welcome back.. it is shameful that i was seriously thinking i should come back anonymously... all here is still the same, old dog, old tricks, old nonsense, the same old addiction, family/wife all suffering because of me as usual

And yes. Despite all of that today IS the day - the FIRST Day!

l'chaim, gents.

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Re: and... here we go again  
Posted by the.guard - 07 Jun 2021 14:33

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Welcome back! We launched a new exercise today called W.I.T.Y which might be helpful at keeping clean now for the **long term**.

Check it out: [guardyoureyes.com/wity](http://guardyoureyes.com/wity)

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Re: and... here we go again  
Posted by Grant400 - 07 Jun 2021 21:58

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Aaaaaaaaaand.....Yay! He's back!

Welcome!

(If you run away again, we will hunt you down...)

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Re: and... here we go again

Posted by wilnevergiveup - 08 Jun 2021 06:03

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This time, may I suggest you try something different?

Trying the same thing and expecting different results? Not likely.

"Nothing changes as long as everything stays the same" ~ [Dov](#)

"Insanity is when you do the same thing and expect different results" ~unclear

You can reply if you are interested in my opinion, or you can just ignore me.

Wishing you well.

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Re: and... here we go again

Posted by 5770 - 08 Jun 2021 21:31

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Wow, now Day 3. Unstoppable!

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Re: and... here we go again

Posted by Sapy - 14 Jun 2021 16:16

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Nu.... what's doing buddy? Waiting to hear from you! Dont run away.... again...

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