

Watching Movies

Posted by Lifelsbliss - 21 May 2021 14:59

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Re: Watching Movies

Posted by Snowflake - 21 May 2021 15:27

In my humble opinion, movies are already a challenge for "normal" people, let alone us GYers. It's very hard to find a movie or show nowadays which doesn't portray immodestly dressed women, or worse.

If you wanna be succesful, you wanna make the journey as easy as possible, and a movie, while a "fun" distraction, can make the journey a lot more difficult.

Several members here have had great results by cutting on movies.

For me at least, the less I feed the addiction, the easier it is for me. The more I lust, the harder it is to control myself.

Also it's not uncommon for one to be aroused by a movie and seek more forbidden material. Sort of like a "gateway drug". I know when I was 300+ days clean, I'd watch movies, but would turn away at the slightest cleavage or bad sight. Although I have to admit, I was playing with fire.

You say you can't stop, I get it, you need something to relax. Have you tried other kosher hobbies? I think people have a list of them in the forum.

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Re: Watching Movies

Posted by lionking - 21 May 2021 16:31

I feel for you. It is extremely tough to stop, especially with a series that continues every week. I got hooked on to a certain show which is mostly clean, lately it started moving a little to a certain romance between 2 actors.

B"H I stopped about 2 months ago. I found out that the series is being discontinued. It is extremely hard to fight off the urge to watch the last few episodes. My Y"H is telling me, come on just finish it, it is not bad at all and you will not start a new show afterwards.

On the other hand, "Ess Past Mir Nisht" to watch secular entertainment. Also the actors aren't exactly dressed tzinusdik even if there is no profanity or portrayal of anything forbidden. Also another issue I found was the knowledge that this certain actress who acts all "clean" and is disgusted by even seeing a slight closeness between other actors, has been in pretty explicit shows as well. It is just an act.

I hope to be able to keep my resolution to not watch anymore. B"H I don't watch Jewish shows as well. I highly recommend you should try to stop.

Hatzlacha

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Re: Watching Movies

Posted by Lifelsbliss - 21 May 2021 16:55

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Re: Watching Movies

Posted by Wannabepure2 - 21 May 2021 16:56

You're brave for not watching anymore i wish i could do the same

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Re: Watching Movies

Posted by Lifelsbliss - 21 May 2021 16:57

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Re: Watching Movies

Posted by lionking - 23 May 2021 14:50

[Wannabepure2 wrote on 21 May 2021 16:57:](#)

[lionking wrote on 21 May 2021 16:31:](#)

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I don't consider myself brave, and I haven't decided I am not watching anymore, I am just pushing it off 1 week at a time. Hopefully I will be able to push it off long enough that I wouldn't even think what the ending of series is anymore. Stop wishing and start doing... Try to delay a few days after the show comes out before you watch it.

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