

GYE - Guard Your Eyes

Generated: 3 April, 2025, 08:08

Challenge Accepted!!!

Posted by Grant400 - 02 May 2021 01:43

All right! Let's get straight to it.

R' Eliezer, better known as "Lou" and I, both fell off really long streaks of a few months, and needed some help getting back up. So I suggested a 90 day challenge, with the loser having to give \$150 to a tzedaka of his choice (preferably GYE obv...).

There seems to have been an interest among many more users here, so let us welcome all of you to the party!

Whoever would like to join please respond on this topic. Welcome.

Here are the rules:

Starting from when you accept the challenge, for the next 90 days everyone who joins accepts upon themselves BL"N to post if they fall, and must give \$150 to tzedaka. Even if someone falls that does not absolve the other participants of their kabalah.

If someone acts out, it adds \$2 onto everyone's kabalah. Meaning if one person fails, he must give \$150, but the next must give \$152. This is in order to place a certain level of responsibility upon us not to misbehave, because it will cause others to lose additional money. One clause, there is a ceiling, it can never go over \$200.

Anyone can join. Regardless of where their count is holding, it is 90 days from when they accept the challenge.

After accepting, you will be held accountable.

(R' Lou, please let me know if you would like to join according to theses new rules, if not we can keep the old version for you.)

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Re: Challenge Accepted!!!

Posted by bm263 - 07 May 2021 04:57

[Grant400 wrote on 07 May 2021 04:20:](#)

Doing well bh with immense desires...

Ditto.

Can I commit to increase my penalty to 1000 if I act out specifically tonight?

You seem to be the commissioner of this sport.

Also, I don't always have access to the site, if anyone wants to make an email group (or just email me privately) please send me a PM. Thanks.

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Re: Challenge Accepted!!!
Posted by Ish MiGrodno - 07 May 2021 05:16

[Grant400 wrote on 07 May 2021 04:20:](#)

Doing well bh with immense desires...

Cherish the torture, my sweet friend....Embrace the sweat and excruciating pain!

Chasam Sofer was once given a diamond from someone who he had lent money to. He spent a long while marveling at and describing its beauty before handing it back and explaining that he could not accept it due to issur ribis. I believe that the Chasam Sofer's point was that any aveira that you resist becomes no less than a cheftza shel mitzvah.

Oy gevald! How beautiful is the taavah that we decide not to do!

Your are stronger than strong my dear brother ~ IMG

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Re: Challenge Accepted!!!

Posted by DavidT - 07 May 2021 15:05

[Grant400 wrote on 07 May 2021 04:20:](#)

Doing well bh with immense desires...

The Chofetz Chaim writes that the yetzer hara makes us think “I will never be perfect,” but we need to realize that every time we control ourselves is a phenomenal achievement. We receive tremendous reward for **each moment of self-control, even if we give in one minute later**. As the Vilna Gaon relates, every instance of exertion is an independent accomplishment that is profound in its own right. Putting up a fight against our desires instead of chasing them is impressive even if we end up giving in.

We need to **focus on how much we gain from even one minute of self-control instead of worrying whether we will mess up later**. We should focus on the immense reward we can earn and recognize how impressive our accomplishments must be since they merit such a lofty reward.

It is impossible for us to feel the thrill of being successful in the battle against the yetzer hara and at the same time give in to our desires. We have to choose between the two; we cannot have both. If we decide that we just can't give up what we desire because we will miss out on too much, we won't be able to feel good about ourselves. Giving in makes us look down on ourselves. **When we run after our desires and feel guilty, we are unable to be happy**. Therefore, not choosing to stand up against our desires is a decision in itself, and unfortunately, it is a decision to be miserable. What do we want in life: true happiness and accomplishment or cheap physical thrills with misery? Choosing to be a slave to our passions means missing out on the most incredible life ever. If we don't stand up and fight our way out of the clutches of desire, we will miss out on an exhilarating, meaningful life.

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Re: Challenge Accepted!!!

Posted by ??? ???? ???? ??? - 07 May 2021 17:50

I am joining the challenge starting today, Friday May 7.

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Re: Challenge Accepted!!!

Posted by bm263 - 07 May 2021 18:04

Update - 5/7:

Grant400 - committed 5/2

lionking - committed 5/2

i-man - committed 5/2

EvedHashem1836 - committed 5/2 **AND** will say entire tehillim when we all get to 90

vhaereiny - committed 5/2

bm263 (me) - committed 5/2

Striving to be good - committed 5/2

Zedj - committed 5/2

HappyYid - committed 5/3

Hakolhevel - committed 5/3

Lou - **noncommittal** as of 5/3 - we anxiously await his change of heart

littlebylittle - committed 5/3

wilnevergiveup - committed 5/3

IMG - committed 5/3 **AND** pays 400 when we all get to 90.

Looking_to_improve -committed 5/3

??? ????? ????? ??? - committed 5/7

Reminder - next one to fall has to pay \$152! (approximately 495 NIS today, per google)

Good luck!

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Re: Challenge Accepted!!!
Posted by bm263 - 07 May 2021 18:06

So far, no one has taken me up on an offer of a direct email or email chain. The offer stands indefinitely.

If you're still uncomfortable, feel free to share here. No reason to be the next domino...
Warning: Spoiler!

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Re: Challenge Accepted!!!
Posted by ??? ????? ????? ??? - 07 May 2021 18:16

I'll join an email chain. I am sending you my email address in a private message.

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Re: Challenge Accepted!!!

Posted by HappyYid - 07 May 2021 18:32

[bm263 wrote on 07 May 2021 18:06:](#)

So far, no one has taken me up on an offer of a direct email or email chain. The offer stands indefinitely.

If you're still uncomfortable, feel free to share here. No reason to be the next domino...

Warning: Spoiler!

You're bigmoish?

But didn't you recently post on my thread about the smartphone? You have two accounts?

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Re: Challenge Accepted!!!
Posted by Grant400 - 07 May 2021 19:19

[??? ???? ???? ??? wrote on 07 May 2021 18:16:](#)

I'll join an email chain. I am sending you my email address in a private message.

Me too.

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Re: Challenge Accepted!!!
Posted by Lifelsbliss - 07 May 2021 20:30

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Re: Challenge Accepted!!!
Posted by lionking - 07 May 2021 22:10

Sorry bm263, I don't get around to seeing messages so often. You can join me in the email chain. My email is in my signature.

Thanks for taking charge.

I just wanted to let everyone know, that B"H the challenge has helped me already. I am over 2 weeks since my last fall and over 3 weeks since I was last together with my wife. Going through withdrawal now and held back because I didn't want to disappoint this group.

Git Shabbos

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Re: Challenge Accepted!!!

Posted by Hakolhevel - 07 May 2021 22:31

Ditto. This challenge has helped too, thanks to you all!

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Re: Challenge Accepted!!!

Posted by Yerushalmi - 08 May 2021 18:50

I'd like to join as well. I am coming off of a 10 day binge where I had access to a totally unfiltered computer, in a very private place. I also have quite a few personal stressful situations at home, so that adds to my desire to act out.

I hereby commit to 90 days of being clean. On my chart, that will be until day 96.

I think that it would help for each of us to spell out exactly what is meant by no acting out, no zera levatala, no touching themselves, no inappropriate sites, etc.

For me, I define it as no zera levatala. I will try hard not to touch myself either, but at this point, I am not sure if i will be able to commit to that for 90 days.

I am very tight financially, and I REALLY can not afford to mess up!

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Re: Challenge Accepted!!!

Posted by wilnevergiveup - 09 May 2021 04:12

[bm263 wrote on 07 May 2021 18:06:](#)

So far, no one has taken me up on an offer of a direct email or email chain. The offer stands indefinitely.

If you're still uncomfortable, feel free to share here. No reason to be the next domino...

Warning: Spoiler!

I would love to join an email group, my email is also in my signiture.

BTW what happened with keeping your old identity a secret? (not that BM*** wasn't obvious....)

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