

Keep it vague

Posted by EvedHashem1836 - 20 Apr 2021 19:42

I just want to raise awareness about specific things that trigger people - there have been so many times that I have seen on GYE that people got triggered on this website or on this app or doing x or whatever and I think thats harmful rather than helpful. Why does it matter how exactly you fell or got triggered? You saw things you shouldn't have seen. Leave it at that unless your davka looking for help in that specific area in which case maybe PM someone who can help you with a filter or whatever youre looking for but I think specifics hurt rather than help people who may not have thought to be nichshal with those things in particular. For example myself I had everything under control and was really doing very well until I saw here that there was a way to access images that I never would have thought about and while BH I haven't been there yet its been nagging me ever since I saw it and I'm sure there are many other cases like this

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Re: Keep it vague

Posted by Captain - 21 Apr 2021 20:09

Agreed

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Re: Keep it vague

Posted by DavidT - 22 Apr 2021 14:46

This is a very important point and every person needs to be honest with himself and his intentions.

The sefer Tomer Devorah by Rav Moshe Cordevero ZT"L writes the following:

A man must be on his guard against the kind of speech which brings to thoughts of sin, so that he should not be visited by a seminal emission. Needless to say, he should not speak obscenities but he should take care **not to utter even clean words if they give rise to sexual thoughts**. And this is contained in a careful examination of the verse: 'Suffer not thy mouth to bring thy flesh unto guilt,' this is, take care not to suffer the mouth to give speech which can bring sin to the holy flesh, the sign of the covenant, with seminal emission. And it is written:

'Wherefore should God be angry . . . ' Now if obscenity is meant what is the meaning of: 'bring to guilt' seeing that this itself is 'guilt'? But the meaning is that even if there is no sin in the actual word itself, for it is clean, he should take care if it is able to bring about sexual thoughts. This is why he says: 'To bring thy flesh to guilt. . . Why should God be angry?' when sin does result He will be angered by that speech thought it were permissible; for the voice and the speech revert to evil when the deed results from it. This is the extent of the care that must be taken with regard to the sign of the covenant that he should not have sexual imaginings and so destroy.

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