

Holy Yid's Continuing Journey

Posted by Holy Yid - 18 Dec 2009 01:17

Hi I am alive. I am past 90 days, through the Hand of God, so I am starting a new tread for myself and my friends.

I still don't accept that I am an addict or even if I am an addict I do not accept myself as a full fledged one. Because of that I do not always take all the precautions other people on this site take. I want to diverge for a second and say that I respect all those who do take those precautions I just like to believe that I can get away with less. Anyways I felt that I should be ???? in ?????? ?????? so I spent a week acting as though I was a fully addicted addict with almost zero resistance.

I was very careful about what I saw outside, when I used the web and what non Jewish stuff I looked at and so on. I discovered a shocking thing. That after the week I was calmer and felt more in control of my life.

Maybe I'll *pretend* to be an addict long term.

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Re: Holy Yid's Continuing Journey

Posted by Tev - 24 Mar 2010 21:40

Don't hesitate to call if needed tzadik!!

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Re: Holy Yid's Continuing Journey

Posted by Holy Yid - 24 Mar 2010 22:44

Too late just fell again.

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Re: Holy Yid's Continuing Journey
Posted by Elya K - 25 Mar 2010 03:19

Holy Yid,

What did people do bain hazmainim before there were computers? Is a computer the only thing you have to do at home? Don't turn the computer

on. Whatever is so important on the computer you can go buy a newspaper and see that your taxes are going up, you're being forced to buy

health insurance or else you'll be fined and you now live in a Socialist Country. If you need to know anything else, call me and I'll tell you what else

is happening in the world. Oh, by the way, there was an earthquake in Haiti, A volcano in Iceland, plenty of crime to go around everywhere and Israel

is still standing. ;D

The way to get better is to do service for other people. help clean for Pesach, bake Matzoh, cook, DO SOMETHING CONSTRUCTIVE FOR YOURSELF

and you'll feel better about yourself, your matzav and your matzo.

Have a Happy and Kosher Holiday of Freedom from the Mitzraim of this addictive disease. :'(

Elya

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 26 Mar 2010 14:49

Elya thanks for the post.

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 26 Mar 2010 22:05

still falling.

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 28 Mar 2010 04:57

fell again. I AM FED UP WITH THIS! I AM LIVING IN A HAZE I HATE THIS WAY ON NOT LIVING! TIME TO GET BACK TO EARTH BUDDY!

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 28 Mar 2010 05:00

I SHOULD CALL THIS WALKING DEAD OR SITTING AS THAT IS WHERE IT IS. IF MY COMPUTER WAS NEAR ME I MIGHT BREAK IT! QUuestion for wise men and drunks- where to I direct this energy?

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 28 Mar 2010 14:39

Helloooooooo? Any one hooooome? Guys we have more chamitz in our souls than in our houses.

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Re: Holy Yid's Continuing Journey
Posted by Tev - 28 Mar 2010 14:57

[Holy Yid wrote on 28 Mar 2010 14:39:](#)

Guys we have more chamitz in our souls than in our houses.

Very correct statement. But we also have the potential to have tons more kedusha in our souls than in the house.

You MUST seek out productive things to do instead of wallowing in sorrow. Ex(learn w/ a chavrusa, help clean, go outside for a walk, play a game/sport, call a friend)

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 29 Mar 2010 15:17

Wishing you all a pesach that will clean you from chumitz of mind body and spirit and you will count sefira up to new heights.

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Re: Holy Yid's Continuing Journey
Posted by Elya K - 01 Apr 2010 04:40

Holy Yid, I have been reading your posts, even to some of the Marbetzi Torah on this forum and it seems your anger and resentment

is surfacing in the way you are approaching others. Since we've spoken about interpersonal relationships being important to you, I

would suggest you tone down the "You Should" types of comments, especially if you are

continually slipping. It would be a lot more

productive to shut the)(^)*(&^%)(*^%) computer off and read a nice book. Staying on this computer, even without looking at

anything destructive is still addictive and harmful when you're still in a state of addiction. Please do yourself a favor and work as

hard at stopping as you are at texting.

Elya

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Re: Holy Yid's Continuing Journey
Posted by Holy Yid - 01 Apr 2010 20:41

Elya, do you mean staying off the web or being more accepting of people or both?

for the record today I spent time enjoying myself and taking care of my needs. I did things I wanted to do but have been pushing off. This all helped to keep me out of the mud.

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Re: Holy Yid's Continuing Journey
Posted by Elya K - 02 Apr 2010 03:25

Holy, I meant both but I'm not here to tell you what to do. I just know for me when I'm more accepting of others, I feel better about myself and

I don't want to act out. Seems like you're talking care of yourself today. Sounds good. keep it up.

Elya

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Re: Holy Yid's Continuing Journey

Posted by Holy Yid - 02 Apr 2010 04:51

Elya, thanks for the kind words. I feel bad about not making the call tonight but I decided to do something I really wanted to during that time.

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