

Book Resources

Posted by Chiller - 12 Aug 2020 20:37

Hi there!

First of all, thank you everyone for contributing to such a wonderful community full of honest, caring, and growing people.

I've been trying to find some books that might help me with my challenge with pornography. Does anyone have any books that they've read that have helped them with their struggle?

Thanks for your help!!!!

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Re: Book Resources

Posted by Markz - 12 Aug 2020 21:08

Hi.

This is one is awesome but not yet in print.

Click [here](#)

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Re: Book Resources

Posted by Captain - 12 Aug 2020 21:16

Hi. Welcome aboard.

This is my favorite one:

The Battle of the
Generation <https://guardyoureyes.com/ebooks/item/the-battle-of-the-generation>. It's a real game-changer.

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Re: Book Resources
Posted by sleepy - 13 Aug 2020 03:30

[Markz wrote on 12 Aug 2020 21:08:](#)

Hi.

This is one is awesome but not yet in print.

Click [here](#)

it was really written by a great guy , someone who has helped thousands of people struggling in this area ,but one word of caution,dont be disillusioned if you feel its not for you ,your not alone.

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