

Mir yerushalyim

Posted by Chaimsimcha13 - 15 Jul 2020 21:33

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Hey I am 23 year old in shidduchim back from the mir working to overcome masterbating I'm on day 52 some days are hard some days are easy. Curious if there are more guys from the mir working on themselves. Hope this will help knowing you aren't alone.

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Re: Mir yerushalyim

Posted by Grant400 - 15 Jul 2020 22:07

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Happy to hear! Just curious: What's the difference if guys are from the Mir or not. It's the same

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Re: Mir yerushalyim

Posted by Chaimsimcha13 - 15 Jul 2020 22:17

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No difference just I feel people will feel better knowing the guy sitting next to him for the past year is also struggling. Gives a stronger connection knowing that guys you hung out with are also struggling and you wouldn't know only through this forum

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Re: Mir yerushalyim

Posted by NathanfromNY - 16 Jul 2020 03:25

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fight. Everyones got the same equipment. Unless that's part of their interview

Yes, there is something powerful/empowering knowing that you are not alone. I would think that its safe to say that everyone has engaged in this act at some point or another in their youth. (especially now when we live in a society that knows so much and are exposed to so much) However I don't know if there would ever be a way to know statistically how often. The Key thing for you, is that you are making an active mission to control this addiction.

Personally, I thought that it was only me and that I had some serious perversion. It wasn't until I

was in my late teens did I realize that there were others and for some it is a phase to go through.

Keep strong and hopefully you will find your besheret soon and have a healthy outlet to engage in and not to rely on self stimulation. Be cautious and forewarned that it won't be a 100% guarantee that you will be projected, but it will hopefully make it easier.

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Re: Mir yerushalyim

Posted by Dave M - 16 Jul 2020 14:06

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There are definitely people who learn in the Mir who struggles with these issues. You are not alone.

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Re: Mir yerushalyim

Posted by NeverQuit - 17 Aug 2020 23:24

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Hey I've been in the mir for the past 2 years (until corona that is...). I'm doing my best to work on myself before I start shidduchim. Unfortunately I'm not even up to working on overcoming masturbating yet, I'm still working on not watching. I fell hard during lockdown bit B"H I'm on my way up. I'm on day 36 of not watching. Stay stronger and NeverQuit!

(p.s. you never know... We mightve sat only one bench away from each other in bais yeshaya!)

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Re: Mir yerushalyim

Posted by Im Tevakshena Kakasef - 18 Aug 2020 11:08

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Not Mir, but a fellow bachur in Yerushalayim. You are not alone.

Hatzlocha.

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Re: Mir yerushalyim

Posted by jw - 19 Aug 2020 01:42

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Your'e definitely not alone. I'm in the same boat as you, holding on day 42! Definitely helps knowing your'e not alone. Stay strong!!

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Re: Mir yerushalyim

Posted by ac - 19 Aug 2020 04:00

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not in mir but only cuz of corona - i think im close enough

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Re: Mir yerushalyim

Posted by Grant400 - 19 Aug 2020 04:31

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I decided to delete my posts. For a few reasons. The main one being that I don't think there is anything to gain by discussing this. If it helps good. If not it's also good. My apologies if I offended anyone.

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Re: Mir yerushalyim

Posted by Markz - 19 Aug 2020 04:48

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Grant - Ever so softly let me say, I strongly disagree.

I believe it's helpful to break stigma by doing this, which creates the possibility to connect which often leads to good results.

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Re: Mir yerushalyim

Posted by Grant400 - 19 Aug 2020 05:05

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Post erased. Ayin le'el.

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Re: Mir yerushalyim

Posted by Chaimsimcha13 - 19 Aug 2020 13:44

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Hey grant I think you're misunderstanding why I started this thread it's not a mir specific thread. There are guys who come on to gye who feel ashamed and alone. So knowing people from there circles or bench in Yeshiva assures them that they are normal like us all. Hopefully this will help them in their struggles.

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Re: Mir yerushalyim

Posted by Captain - 19 Aug 2020 13:53

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I think this is very common for people who everyone around them is seriously involved in learning or do other things that involve extreme commitment to religion, that the person thinks so one around him struggles with this, just him. And no one "frum" (ie what he views as extra-frum) struggles with this, only people who "don't count." And he is broken and a fraud, etc. One of the classic tricks of the yetzer hara, and it's unfortunately very effective.

So basically my point is that the same way some people get chizuk from coming to GYE and seeing that others are fighting this battle and I'm struggling and trying their best just like them, this person and other yeshivalite etc. gain that same chizuk from knowing that other people that are similar to them are also fighting this battle. That it's normal. That they can view themselves as a fighter rather than as a broken person, and their status is reasonable for someone that they view themselves as.

On the other hand, Grant does have a great point that in actuality, it doesn't really matter who

else struggles and doesn't. Because this was a struggle that was given to us, and whether it was given only to us or to other people does not impact the fact that it is very hard for us and because of that it is considered a great accomplishment when we fight back. It was not our choice whether to struggle with this or not, and it is not relevant whether other people don't have this fight because we're only being looked at against ourselves. Our performance in the struggle can't be compared to other people who don't have a challenge.

But of course, like with many other matters of perspective, a person has to actually master the right perspective to be able to experience this. And that's very hard and it is not common, especially at first. Therefore there is tremendous gain from knowing that this is a normal struggle and many people "similar to you" have to fight it too.

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Re: Mir yerushalyim  
Posted by Chaimsimcha13 - 19 Aug 2020 13:55

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Very well said captain

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