

intentional failure

Posted by nachum kilaib - 27 Mar 2020 03:57

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I feel like sometimes I am doing so well that I will finally break free and then I fall. Obviously there are many reasons for this, My main reason I think is because I am scared of winning. I am so used to this challenge, maybe I dont know what I would do without it. How would I succeed when I couldnt see such obvious progress? (as I see when I am beating the urge to watch porn) How can I deal with this? Also If anyone has other reasons maybe that I dont wanna beat it pls put them out there.

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