

Just curious about the GYE world

Posted by Ineedhelp!! - 14 Dec 2009 23:06

I am just curious for myself what most people do for our recurring problem. This is a current vote and your option may have changed (for example I only used to do the forum but now i do a 12 step phone conference) and may change in the future. But please repsond with what you CURRENTLY do.

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Re: Just curious about the GYE world

Posted by silentbattle - 15 Dec 2009 00:53

Let's see...i read the chizuk emails, use the forum, go to therapy, stay in touch with my rebbe about my progress (I've also filled out a release form allowing my therapist to talk to my rebbe - after all, he's my spiritual adviser, I want him to know where I'm at (to borrow a phrase from a poster wiser than I), and have a friend that I've open up to. And, of course, I daven for help.

I've also started reading the handbooks, but haven't finished them yet. I know, I should...working on it.

For now, that seems to be helping. Boruch Hashem!

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Re: Just curious about the GYE world

Posted by kanesher - 15 Dec 2009 13:06

-Therapist

-Posting

-Chizuk e-mail

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Re: Just curious about the GYE world
Posted by letakain - 15 Dec 2009 15:22

GYE Forum

12 step program (on the phone)

Chizuk Emails Daily

The GYE Handbooks

phone partners

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Re: Just curious about the GYE world
Posted by Moshew - 15 Dec 2009 19:56

Forum

Rebbe (in a round about kinda way)

Self motivation

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Re: Just curious about the GYE world
Posted by bardichev - 15 Dec 2009 20:04

guard

efasher letakain

noorah

dov

rage

ykv schwartz

7-up

letakain

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Re: Just curious about the GYE world
Posted by the.guard - 15 Dec 2009 23:25

Bardy, I can see through the cracks of the Mechitza. Next time please use such a line

or I'll have to edit your post!!

:D

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Re: Just curious about the GYE world
Posted by imtrying25 - 15 Dec 2009 23:26

Guard what in the world are you doing up so late at night. Are you starting to get addicted to this site like the rest of us crackos??

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Re: Just curious about the GYE world
Posted by bardichev - 16 Dec 2009 03:06

hahahahahaha

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Re: Just curious about the GYE world
Posted by Momo - 16 Dec 2009 07:38

Forum

Therapy

Phone partners

Dovening!

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Re: Just curious about the GYE world
Posted by Yosef Hatzadik - 23 Feb 2011 19:25

-:- Forum

-:- Phone Partners

-:- Forum (old posts)

-:- GYE's Phone Conferences

-:- Forum (checking for new replies)

-:- a bit of the Chizuk Emails

-:- Did I mention the Forum yet?

ME3, this post is for you!

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Re: Just curious about the GYE world
Posted by Rising Up - 23 Feb 2011 19:29

- Morse Code
- Binary Code
- Smileys

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Re: Just curious about the GYE world
Posted by ZemirosShabbos - 23 Feb 2011 19:35

filter

gye friends

forum

chizuk email

cholint

woodford

possum products

gr**n elephants

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Re: Just curious about the GYE world
Posted by Me3 - 23 Feb 2011 19:38

Pray?

You guys should try it too.

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Re: Just curious about the GYE world
Posted by Rising Up - 23 Feb 2011 19:41

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