

Just curious about the GYE world

Posted by Ineedhelp!! - 14 Dec 2009 23:06

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I am just curious for myself what most people do for our recurring problem. This is a current vote and your option may have changed (for example I only used to do the forum but now i do a 12 step phone conference) and may change in the future. But please repsond with what you CURRENTLY do.

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Re: Just curious about the GYE world

Posted by silentbattle - 15 Dec 2009 00:53

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Let's see...i read the chizuk emails, use the forum, go to therapy, stay in touch with my rebbe about my progress (I've also filled out a release form allowing my therapist to talk to my rebbe - after all, he's my spiritual adviser, I want him to know where I'm at (to borrow a phrase from a poster wiser than I), and have a friend that I've open up to. And, of course, I daven for help.

I've also started reading the handbooks, but haven't finished them yet. I know, I should...working on it.

For now, that seems to be helping. Boruch Hashem!

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Re: Just curious about the GYE world

Posted by kanesher - 15 Dec 2009 13:06

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-Therapist

-Posting

-Chizuk e-mail

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Re: Just curious about the GYE world  
Posted by letakain - 15 Dec 2009 15:22

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GYE Forum

12 step program (on the phone)

Chizuk Emails Daily

The GYE Handbooks

phone partners

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Re: Just curious about the GYE world  
Posted by Moshew - 15 Dec 2009 19:56

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Forum

Rebbe (in a round about kinda way)

Self motivation

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Re: Just curious about the GYE world  
Posted by bardichev - 15 Dec 2009 20:04

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guard

efasher letakain

noorah

dov

rage

ykv schwartz

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7-up

letakain

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Re: Just curious about the GYE world  
Posted by the.guard - 15 Dec 2009 23:25

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Bardy, I can see through the cracks of the Mechitza. Next time please use such a line

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or I'll have to edit your post!!

:D

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Re: Just curious about the GYE world  
Posted by imtrying25 - 15 Dec 2009 23:26

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Guard what in the world are you doing up so late at night. Are you starting to get addicted to this site like the rest of us crackos??

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Re: Just curious about the GYE world  
Posted by bardichev - 16 Dec 2009 03:06

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hahahahahaha

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Re: Just curious about the GYE world  
Posted by Momo - 16 Dec 2009 07:38

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Forum

Therapy

Phone partners

Dovening!

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Re: Just curious about the GYE world  
Posted by Yosef Hatzadik - 23 Feb 2011 19:25

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-:- Forum

-:- Phone Partners

-:- Forum (old posts)

-:- GYE's Phone Conferences

-:- Forum (checking for new replies)

-:- a bit of the Chizuk Emails

-:- Did I mention the Forum yet?

ME3, this post is for you!

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Re: Just curious about the GYE world  
Posted by Rising Up - 23 Feb 2011 19:29

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- Morse Code
- Binary Code
- Smileys

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Re: Just curious about the GYE world  
Posted by ZemirosShabbos - 23 Feb 2011 19:35

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filter

gye friends

forum

chizuk email

cholint

woodford

possum products

gr\*\*n elephants

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Re: Just curious about the GYE world  
Posted by Me3 - 23 Feb 2011 19:38

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Pray?

You guys should try it too.

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Re: Just curious about the GYE world  
Posted by Rising Up - 23 Feb 2011 19:41

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