

need help

Posted by shmules - 30 Aug 2019 16:06

---

gosh im so horny right now. i go out to stores i see pretty women and i get so horny i come home and want to watch porn. (havent though since i joined gye like 10 days ago

=====

=====

Re: need help

Posted by ColinColin - 31 Aug 2019 21:10

---

After a while, you will calm down.

Teh feelign can come back...a few days here and there.

Your brain is used to the rush of adrenaline and excitement from porn..so it craves it.

Take preventative action - be around friends or family.

Do a positive activity.

=====

=====