

Living

Posted by sci1977 - 10 Dec 2009 16:48

I have been thinking about posting this for a few days now and have decided I think it's time. We all are trying to find ways to keep our minds busy with something other than what we have done in the past. I thought we need to share what each other does to live.

I am doing the following. Finding old hobbies I used to do. I also am spending more meaningful time with my kids. Playing with them really is better than almost anything else in the world. I have delved into work more than I ever have before and it has become a great way to fuel the mind.

I realize that keeping the mind busy is part of staying away from bad things. My mind has been too busy to want to do anything other than live. No falls or slips and none needed.

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Re: Living

Posted by Moshew - 10 Dec 2009 18:23

and after all that if you still have time, you can always go through all the old postings on GYE!!!!!!!

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Re: Living

Posted by the.guard - 10 Dec 2009 20:51

Sci, that's awesome. I quoted you again in today's e-mail! Check out our [Kosher Isle](#) for hundreds of websites and activities you can do to keep the mind occupied healthily.

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