Handbook help
Posted by Eshaiproductions - 02 Dec 2018 05:54

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hi everyone, I was wondering what would be the best way to complete the handbook fully, does anyone have a recommendation of how many pages to read per day? I very much would appreciate your guidance and advice! Thank you!

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Re: Handbook help
Posted by Hashem Help Me - 02 Dec 2018 12:30

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The rule of GYE is that there are no rules. Work the program the way you find it helpful. Some guys are deep and need more time, some need speed. Find what resonates with you and go for it. And as i am sure you have heard from others, stay focused on the goal. Dont obsess with the issues. Just calmly keep reminding yourself that iyh you will break free.

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Re: Handbook help
Posted by kadosk2refuge - 03 Dec 2018 18:16

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Do you like numbers?

For sure:

the Handbook has 112 pages.

Try to read 12 pages a day for 6 days a week.

Whithin 2 weeks you will have read it all, but,

I advice you to start by having in idea of its summary content:

it is a handbook, which mean you can use it as an emergency adviser: in a crisys time do not open it without analysing what

part of it responds to your actual challenge and dive into the

topic dedicated to your instantaneous situation.

More over: do not considerate the handbook as The solution:

you have to make it your own thinking:

One month after reading it all,

try to read it in a foreing language, then rewrite it in your mother language.

There is a single reason why it works:

It has been written by people excercing their will to succeed in this challenge, and their will is based on the desire to obey the Will of Hachem.

Thank you for asking this question about How to read the Handbook?

because it asks for help and a forward step for those who fight like us is to respond to other asking.

Remind you can only achieve this will because you are convinced it is possible and humanly achievable by faith:

Believe you already achieved Kedusha.

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