

Mikvah for Men After a Fall

Posted by tcproperty44 - 19 Oct 2018 16:36

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I'm curious if guys go to the mikvah after they fall. I always feel a little weird davening or learning after a recent fall. I'm curious if guys find it easier to feel a connection to Hashem after using the mikvah?

P.S. Obviously we need to focus on the roots of our issues and be honest with ourselves. I'm not suggesting otherwise.

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Re: Mikvah for Men After a Fall

Posted by Shnitzel and kugel - 19 Oct 2018 19:03

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I've been going to mikvah daily since my bm, it gives me a certain feeling that I'm kinda pure, but it definitely didn't stop me, sometimes I would even think to myself, I'd act out and then go to mikvah following morning and I'll be pure.. but definitely does help me feel a connection to hashem especially after I have a wet dream r"

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Re: Mikvah for Men After a Fall

Posted by farblunjet - 22 Oct 2018 19:09

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don't go to the mikva at all because... and it takes a day or two till i feel comfortable davening or learning at all. so yea, avaira goreres...

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