GYE - Guard Your Eyes

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SA Phone Group Posted by Ineedhelp!! - 08 Dec 2009 15:54

Hi GYE community,

Re: SA Phone Group

Posted by Ineedhelp!! - 11 Jan 2010 01:08

I thought of something that I think many people on the forum could benefit from. Right now we have these SA groups where there's a sponsor and sponsees on the call going through the 12 steps. It is great for anyone who wants to go through the steps. I am doing that, but I am also doing something else that I think has helped me tremendously. I call in on a non Jewish phone group. They dont have a sponsor run the call. They have people like me and you, in recovery. Theres a literature and they red questions and go around to people on the call and answer the questions. Everyone has like two minutes maximimum to answer each question. I think this would be a great idea for us to do. we could make our own support group. where we just answer the questions and everyone gets to speak (if you want you can just listen, but the call is based on people speaking up). These people do it every night but we dont have to. We could do it any set number of times per week. If anyone has interest in this then reply on this thread with your amount of interest (not at all, somewhat, very, YES YES, etc.), how many times a week you would the call to take place, and which days it should take place. I personally would want like 3 times a week. Thursday, Motzei Shabbos and maybe Monday but thats all flexible.

Have a great day everyone!
-Yiddle
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Re: SA Phone Group Posted by Steve - 10 Jan 2010 23:11
yiddle - I haven't heard anything from you as of now. please send me the info, I gotta plan for this or i can't make it.
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hope we can figure something out soon. Cmon yiddle! :D