

SA Phone Group

Posted by Ineedhelp!! - 08 Dec 2009 15:54

Hi GYE community,

I thought of something that I think many people on the forum could benefit from. Right now we have these SA groups where there's a sponsor and sponsees on the call going through the 12 steps. It is great for anyone who wants to go through the steps. I am doing that, but I am also doing something else that I think has helped me tremendously. I call in on a non Jewish phone group. They dont have a sponsor run the call. They have people like me and you, in recovery. Theres a literature and they red questions and go around to people on the call and answer the questions. Everyone has like two minutes maximum to answer each question. I think this would be a great idea for us to do. we could make our own support group. where we just answer the questions and everyone gets to speak (if you want you can just listen, but the call is based on people speaking up). These people do it every night but we dont have to. We could do it any set number of times per week. If anyone has interest in this then reply on this thread with your amount of interest (not at all, somewhat, very, YES YES YES, etc.), how many times a week you would the call to take place, and which days it should take place. I personally would want like 3 times a week. Thursday, Motzei Shabbos and maybe Monday but thats all flexible.

Have a great day everyone!

-Yiddle

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Re: SA Phone Group

Posted by the.guard - 10 Dec 2009 22:19

Quote from: guardureyes on December 10, 2009, 11:37:24 PM

Kinda like Imtrying25 is trying to set up on Motzai Shabbos, only his is a little more "live"

I dont really get that but ok...

See rehab-my-site.com/guardureyes/forum/index.php?topic=1335.0

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Re: SA Phone Group
Posted by Ineedhelp!! - 11 Dec 2009 01:17

Ah i get that. Havent been following that thread.

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Re: SA Phone Group
Posted by Ano Nymous - 11 Dec 2009 02:28

yiddle,

If you call in, do you HAVE to talk? If I'm available, I'm definitely in, but I don't want to talk unless I feel I have something useful to say. Is that ok?

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Re: SA Phone Group
Posted by Ineedhelp!! - 11 Dec 2009 02:42

perfectly fine Ano! I just ask (not force)that you check in

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Re: SA Phone Group
Posted by Lechayim - 11 Dec 2009 15:56

Yeede! it will never work .When people will be on the phone and not talk. No one will be comfortable!

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Re: SA Phone Group

Posted by Ineedhelp!! - 11 Dec 2009 16:04

Well thats why I said(or maybe I was just thinking) we need atleast 10 people to be conversong on the call. And Ano: everyone will have something to say because there will be questions that we'll be answering. So no excuses!

-Yiddle

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Re: SA Phone Group

Posted by Steve - 11 Dec 2009 16:38

Hey! I have your solution!

2B and I join, and then every question he gets 3 turns to answer and I get 2...

Just kidding...

Everyone, I spoke to DC about it, and he says it's a perfect way for us to come out of our shells, be with people (OK, VIRTUALLY...) and battle the loneliness and egocentricity (*is that a word?*) that got us here. ESPECIALLY on the weekends when we don't have the call to anticipate and then chew over.

Motsoi Shabbos is best for me like after 9/9:30, after father-son learning programs and melave

malkas. But it may be tougher on the guys in the dating game. That's prime time. Sunday morns I finish with my chabura usually by 11:00am, so 11-12 noon would be perfect for me. And you guys who were up late on dates, or hung over because you had none that week, should be ;D

Have a LICHTIGE CHANUKAH!!

awake & sober by then.
Steve.

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Re: SA Phone Group
Posted by Lechayim - 11 Dec 2009 16:49

Those people with wives or have families i believe will not be able to get on a call Moitzie Shabbos. Maybe we can try for Sunday afternoon 12:00. However this Sunday may be tough to get away.

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Re: SA Phone Group
Posted by Steve - 11 Dec 2009 17:07

I don't think it could possibly start before next sunday, motsoi Chanukah. Some peple go away also that weekend, some schools have off then, so it might get pushed off even more. Maybe the first time could be an ad-hoc late night mid week, just to get our feet wet, even for a half-hour. Yiddle, please get some advice on what would be the best first questions to field, you know, the least intimidating, like what happened last time we started laughing while drinking soda, chashuva stuff like that...

Kol Hascholas Kasher. But where there's a will there's a way...

C'mon guys, let's at least TRY this. We on the DC calls have experienced how non-judgemental our co-horts are. And it's all anon, and might even be funny to laugh at ourselves when we see

our own lives mirrored in those of others. So let's trust this fellowship thingy we have on the forum and add eachothers voices to our thoughts.

And it's a heckofalot faster than typing.

Steve.

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Re: SA Phone Group
Posted by Ineedhelp!! - 11 Dec 2009 17:11

Steve and Loynata,

You guys are right on the money with your suggestions. I have Emunah in Hashem that this will work!

Have a greta Shabbos and a Freilechen Chanukah,

-Yiddle

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Re: SA Phone Group
Posted by Tomim2B - 11 Dec 2009 20:25

Hey Guys,

Lets' try to guide this conversation away from the "if it will work" subject. For that, we'll just have to wait and see how things turn out.

Instead let's bang in some details. *When* will it work? Yiddle, you call the shots!

2B

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Re: SA Phone Group

Posted by lamed vavnik - 12 Dec 2009 15:55

Hey 'all,

i'm willing to squeeze in if you can work out the time difference . i'm an Isareli.

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Re: SA Phone Group

Posted by Ineedhelp!! - 12 Dec 2009 23:56

Awsome Lamed vavnik,

We'll do our best to take that into account when we decide a time!

That's #6, 4 more for a minyan!

-Yiddle

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Re: SA Phone Group

Posted by Steve - 14 Dec 2009 05:52

OK, we got 1 lamed vavnik -

Any of the other 35 care to join?

BTW, I'm not joking - everyone working here on GYE classifies as a bonefied tzaddik in training, if not in complete, in my book.

I love my shipmates, but I'd really like to broaden my inspiration base (guess I'm still at that selfish level...)

Sooooo..... Sundays give or take 11 am / 12 noon -ish start time so far sounds good.

Let's go team!!!

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