

90 Days again

Posted by tony - 25 Apr 2018 13:19

Hi All

Really just feel I want to share.

I have constantly struggled the last few years, twice reaching 90 days but not much more then that. 90 days ago I reached a new low and went that night to an SA meeting. I came out of that meeting after having a few conversations, feeling inspired to start afresh. For reasons which I would rather not go into here, and after discussing with GYE & Dov, I decided not to continue attending the meetings, and have made it to day 90.

I hope and pray that this time I will be able to continue sobriety.

?Any advice or comments will be appreciated.

Thanks and have a great day.

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Re: 90 Days again

Posted by lifebound - 25 Apr 2018 17:21

Hello, thank you for sharing.

Pretty amazing that you had 3 solid 90 day streaks.

Can I ask, what do you plan on doing different this time around to continue sobriety long-term?

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Re: 90 Days again

Posted by Hashem Help Me - 26 Apr 2018 03:22

Welcome. Great that you have had such success in the past. If you were not uncomfortable speaking with people at meetings then maybe be in touch with some of the chevra here in a less official format - one on one, on the phone, etc. Connection has helped many - including me.

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Re: 90 Days again

Posted by i-man - 26 Apr 2018 04:06

Congrats youre truly inspiring !

read and post on the forums - it could be very helpful

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Re: 90 Days again

Posted by tony - 26 Apr 2018 17:15

Realize that if not then I could literally lose everything. Wife.... Kids.... Job....

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