## **GYE - Guard Your Eyes**

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Hard time today Posted by eli613 - 21 Mar 2018 23:48

I am having a very hard time today trying to stay sober. I tried calling my sponsor and a friend and nobody was available to talk, I also looked for a meeting in my area but there are none available today. Anyway, I am having a hard time sacrificing my lust for hashem today, I don't want to lust but that state of mind is very desirable for me. I know I just have to give it up but today is one of those harder days. Thanks for letting me share.

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Re: Hard time today

Posted by Singularity - 22 Mar 2018 07:10

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eli613 wrote on 21 Mar 2018 23:48:

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Welcome!

I am experiencing similar things today. Trying to reach out at least once an hour and talk to guys. Maybe phone, phone again? Hatzlocha in the effort! Thanks for the share

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