

making the silent battle...not.

Posted by silentbattle - 04 Dec 2009 04:12

Because isn't that why I'm here? And silent battles are always more difficult to fight. There are very few people in the "real world" (you know, the one where people lie, cheat, steal, and are) that I can talk to about this - so this is my chance, I guess.

I'm in my late 20s, single. I learned in Eretz Yisroel for a bunch of years, and had tremendous success, both in learning, in middos, and general personal growth.

When I came back to america, though, things were different. I didn't have the same social framework of the yeshiva that I'd gotten used to. Most of my friends were married, in a different country/state, or both. And the few friends who were still around were crazy busy with their own things. So there I was, lonely, without any support system to speak of, having trouble with dating, and full of the standard drives that guys have. And no real outlet for any of my emotional and physical needs.

Speaking to Uri and reading his posts, yes, I suppose I have a deeper neediness, and to me, "loneliness" includes that - the feeling of not having people to rely on, not feeling wanted, needed, etc.

So I started going to various websites - I started by using them as fuel for fantasies, but eventually ended up meeting women in real life. And while I was honest with them, and made sure they were aware that it could never become something truly serious (how ironic, that my being frum influenced me even while I was doing these terrible aveiros!), I got involved in one unhealthy relationship after another. They provided a fleeting comfort, and even some support, but nothing lasting, and in retrospect, it's no surprise that my dating wasn't very successful (even though I wasn't in any other relationships at the time of dating, I just wasn't in a very healthy place overall).

And then...Hashem helped me. I'm very close with my rebbe, but I could never bring myself to tell him about this, even though I wished he would somehow find out. Well, he did - and I was horrified, but amazingly relieved at the same time. He directed me to a therapist, and the therapist mentioned this website - so here I am.

So, the major issue I'm dealing with is not meeting people in real life - but while I'm at it, my therapist recommended trying for complete abstinence - and I thought, "why not?" After all, if I'm looking to improve myself on a ruchniyos level, then I should try to stop mz"l too, right? And, so far, so good. Clearly, Hashem has been helping me. I've been clean over a month from unhealthy relationships, and something like 11 days on the WOH.

Thank you, everyone, for being part of this group.

=====
=====

Re: making the silent battle...not.

Posted by sci1977 - 06 Aug 2010 13:12

Try not to worry. Just live. KOT!!

=====
=====

Re: making the silent battle...not.

Posted by briut - 06 Aug 2010 21:43

[silentbattle wrote on 04 Aug 2010 06:38:](#)

I can't walk into a strip club, and then try to give over the battle to god. It might work, but [... at that] point, giving over the power to Him is a lot more difficult.

Darn! You mean, I'm supposed to try to make His will easier for Him to accomplish, and to stop setting up extra roadblocks just to see if He is, indeed, invincible? Darn! That's gonna make my work here a whole lot harder....

[Can you all see the irony dripping off the screen right now? I hope so.]

=====
=====

Re: making the silent battle...not.

Posted by silentbattle - 08 Aug 2010 17:22

Not worry...yes, that is my battle, I think. Just let go and enjoy life.

Hi Briut - thanks for dropping by, but no, that comment was NOT aimed at you... ;D

=====
=====

Re: making the silent battle...not.

Posted by sci1977 - 09 Aug 2010 23:22

KUTGW my friend!

=====
=====

Re: making the silent battle...not.

Posted by briut - 10 Aug 2010 02:50

So, nu, oh silent one -- I've lost track. Are you a married man yet? Whazzup?

=====
=====

Re: making the silent battle...not.

Posted by silentbattle - 10 Aug 2010 06:07

Thanks, Sci!

As for my marital status...I'll be married sometime in the next 3 months.

=====
=====

Re: making the silent battle...not.

Posted by 7yipol - 10 Aug 2010 14:08

B'shaa Tova!

=====

=====

Re: making the silent battle...not.

Posted by silentbattle - 10 Aug 2010 14:19

Thanks, Mom! :D

I remind myself to stay focused. Even as a quick glance, I don't want to look at other women.
Not even a little.

=====

=====

Re: making the silent battle...not.

Posted by silentbattle - 16 Aug 2010 20:28

Sigh. Note to self - don't be so needy. Realize that other people do love me, do care about me.
Don't take things personally.

=====

=====

Re: making the silent battle...not.

Posted by Yosef Hatzadik - 16 Aug 2010 20:38

;D Yeah! :D

:-* I love you! :-*

=====

=====

Re: making the silent battle...not.

Posted by an honest mouse - 16 Aug 2010 21:30

just wanted to drop in and say that i still care about and respect you and take great chizuk from you and follow your thread - even if i dont post a lot... :-[

keep on lorrying and hatslocho with *all* aspects of the buildup to the chasuna!

=====

=====

Re: making the silent battle...not.

Posted by Yosef Hatzadik - 16 Aug 2010 21:36

& make sure **NOT** to post the location of the chasuna; otherwise you might have a **MOUSE** there and that would scare away all the invited guests! :o

=====

=====

Re: making the silent battle...not.

Posted by silentbattle - 17 Aug 2010 12:38

Hey, nothing against mice!

Thank to both of you - much appreciated!

=====

=====

Re: making the silent battle...not.

Posted by an honest mouse - 19 Aug 2010 22:16

Dont worry, if i came i wouldn't come as supermouse, i would come as mouse kent and that way no one would notice anything...

=====

=====