

making the silent battle...not.

Posted by silentbattle - 04 Dec 2009 04:12

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Because isn't that why I'm here? And silent battles are always more difficult to fight. There are very few people in the "real world" (you know, the one where people lie, cheat, steal, and are ) that I can talk to about this - so this is my chance, I guess.

I'm in my late 20s, single. I learned in Eretz Yisroel for a bunch of years, and had tremendous success, both in learning, in middos, and general personal growth.

When I came back to america, though, things were different. I didn't have the same social framework of the yeshiva that I'd gotten used to. Most of my friends were married, in a different country/state, or both. And the few friends who were still around were crazy busy with their own things. So there I was, lonely, without any support system to speak of, having trouble with dating, and full of the standard drives that guys have. And no real outlet for any of my emotional and physical needs.

Speaking to Uri and reading his posts, yes, I suppose I have a deeper neediness, and to me, "loneliness" includes that - the feeling of not having people to rely on, not feeling wanted, needed, etc.

So I started going to various websites - I started by using them as fuel for fantasies, but eventually ended up meeting women in real life. And while I was honest with them, and made sure they were aware that it could never become something truly serious (how ironic, that my being frum influenced me even while I was doing these terrible aveiros!), I got involved in one unhealthy relationship after another. They provided a fleeting comfort, and even some support, but nothing lasting, and in retrospect, it's no surprise that my dating wasn't very successful (even though I wasn't in any other relationships at the time of dating, I just wasn't in a very healthy place overall).

And then...Hashem helped me. I'm very close with my rebbe, but I could never bring myself to tell him about this, even though I wished he would somehow find out. Well, he did - and I was horrified, but amazingly relieved at the same time. He directed me to a therapist, and the therapist mentioned this website - so here I am.

So, the major issue I'm dealing with is not meeting people in real life - but while I'm at it, my therapist recommended trying for complete abstinence - and I thought, "why not?" After all, if I'm looking to improve myself on a ruchniyos level, then I should try to stop mz"l too, right? And, so far, so good. Clearly, Hashem has been helping me. I've been clean over a month from unhealthy relationships, and something like 11 days on the WOH.

Thank you, everyone, for being part of this group.

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Re: making the silent battle...not.

Posted by habib613 - 04 Jan 2010 15:01

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yay!

happy that your happy, and that ppl notice!!!!

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Re: making the silent battle...not.

Posted by habib613 - 04 Jan 2010 15:02

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[silentbattle wrote on 04 Jan 2010 14:34:](#)

I guess what confused me was that some people (uh...like you) had lots of posts, but less stars. Why do girls only get three stars? Is that an extra incentive to become a moderator? ;D

no, i think it's more to do with the fact that we're a limited account...

it doesn't bother me though, i just don't pay attention to anyone's stars, so i just noticed that moderator's stars are blue!

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Re: making the silent battle...not.  
Posted by sci1977 - 04 Jan 2010 16:45

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I am happy to hear you are having a good day with not much to report. KUTGW!!!!

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Re: making the silent battle...not.  
Posted by imtrying25 - 04 Jan 2010 17:00

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In this struggle no news is good news. So keep up the no news SB!!!! :D :D :D :D :D

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Re: making the silent battle...not.  
Posted by sci1977 - 04 Jan 2010 21:07

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[imtrying25 wrote on 04 Jan 2010 17:00:](#)

In this struggle no news is good news. So keep up the no news SB!!!! :D :D :D :D :D

no news is good, just remember to keep telling us about the no news. keep it going!!!!

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Re: making the silent battle...not.

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Posted by silentbattle - 05 Jan 2010 17:28

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OK, let's see...first of all, reached a new understanding. Regarding the fact that I can take of my glasses, and it makes thing so much easier...I always thought having glasses was a bad thing. Now, honestly, I can say, "thank you hashem for making me have bad eyesight, so that I need to wear glasses!" If I had a chance to trade...well, I might, but in the meantime, I can really be appreciative of this gift from hashem!

New co-worker...not sure if she's unfriendly because of tznius, or because she's just unfriendly, but either way - I'm glad. Might be more of a risk otherwise.

Hashem sent me another hug, too...after i spent a while running around like crazy for a bit of extra money, hashem tapped me on the shoulder and said, "um, if you need extra money, why not try asking the one who can give it to you?" And just like that, He gave me a great opportunity to easily and simply make some extra money.

I feel humbled. Thank you, hashem - both for what you've done for me, and for reminding me that you're always here for me.

Bouch hatatty.

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Re: making the silent battle...not.

Posted by sci1977 - 05 Jan 2010 17:59

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So triple wow today!!! I am happy all is well. Stay positive and KUTGW!!

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Re: making the silent battle...not.

Posted by silentbattle - 05 Jan 2010 18:34

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Thanks, Sci!

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Re: making the silent battle...not.

Posted by imtrying25 - 05 Jan 2010 19:07

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Re: making the silent battle...not.

Posted by silentbattle - 05 Jan 2010 23:15

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keep on rockin sb!! its so plainly obvious that your getting real far!!

Re: making the silent battle...not.

Posted by habib613 - 06 Jan 2010 03:28

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so u were that guy i saw the other day... he had 7 little smurfs carrying him around... he looked pretty awesome...

keep it up!

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Re: making the silent battle...not.

Posted by imtrying25 - 06 Jan 2010 12:09

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[silentbattle wrote on 05 Jan 2010 23:15:](#)

I'm being carried

**B'DERECH SHE'ADOM ROTZEH LAYLECH, BAH MOLICHIN OSO!!** Your right you are being carried, but that in it of itself is because of you!!!!  
I'm being carried

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Re: making the silent battle...not.  
Posted by sci1977 - 06 Jan 2010 14:34

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Even if you are being carried, you are still getting far. I know you inspire me and many more!!!

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Re: making the silent battle...not.  
Posted by silentbattle - 06 Jan 2010 15:29

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[habib613 wrote on 06 Jan 2010 03:28:](#)

so u were that guy i saw the other day... he had 7 little smurfs carrying him around... he looked pretty awesome...

keep it up!

Ahem - they prefer to be called "little blue people."

My life is getting busier, thanks to Hashem's help - which means less time to get into trouble. Unfortunately, it also means less time for GYE, but I plan on making it a priority, even if I can't post quite as much.

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