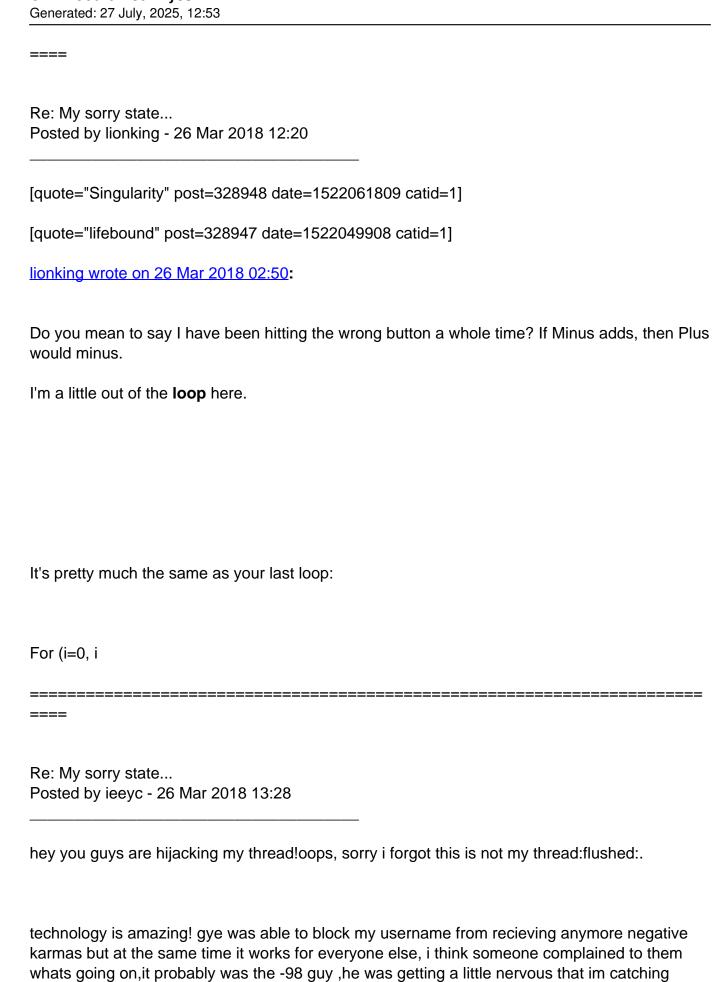
## **GYE - Guard Your Eyes** Generated: 27 July, 2025, 12:53

Journey of life Posted by lifebound - 07 Sep 2017 05:10
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Re: My sorry state  Posted by lifebound - 26 Mar 2018 07:38
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Re: My sorry state Posted by Singularity - 26 Mar 2018 10:56
[quote="lifebound" post=328947 date=1522049908 catid=1]
lionking wrote on 26 Mar 2018 02:50:
Do you mean to say I have been hitting the wrong button a whole time? If Minus adds, then Plus would minus.
I'm a little out of the <b>loop</b> here.
It's pretty much the same as your last loop:
For (i=0, i

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up, or catching down , whatever.



Re: Journey of life

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Posted by lifebound - 13 Apr 2018 08:52	
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Re: Journey of life

Posted by Hashem Help Me - 13 Apr 2018 11:22

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Very well written. Instead of agonizing and "thinking", maybe just reconnect to whoever has been reaching out to you (at least to those that you have found helpful in the past) and get

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Re: Journey of life

Posted by Ihavestrength - 17 Apr 2018 04:42

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lifebound wrote on 13 Apr 2018 08:52:

I don't know yet what I need to do to get out of this state. I don't know what exactly my path to recovery should be. I don't know if this time around will be different. But here are a few things I DO know:

9Pican't afford to waste time. I spend too much time agonizing over wasted time, wishing I could roll back the clock, wishing I started years ago. But that just wastes more time, and I don't get anything done.

- This self-pity has to stop. It's stupid, selfish, and accomplishes nothing. Easier said than done, but it's been the main reason why I've wasted these last few weeks. (to that end, I've changed my dripping-in-self-pity thread title from "My sorry state...". My state is definitely not sorrier than many others here. And even if it is a bit sorry, I don't need that hit of self-pity every time I log on...)

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- Staying connected is super important. I can't keep isolating every time I feel a bit down. Avoiding everyone is very harmful to myself. Also has the nasty side effect of ignoring people who reach out to me when they need help, which makes me feel very guilty. (That's a selfish reason, I know...but I feel bad knowing maybe I could've helped someone avoid a fall, but was too wrapped up in myself to reply)
- My life as I've known it until now, is over. One way or the other, I cannot spend the rest of my life in this state. As I believe Dov puts it, lust and porn and sex with self is not my problem. It's the solution. My problem is living without those things. If I don't succeed in addressing my issues with living, I'm going to throw it all away and start over. New life. New place. At least that way I won't look back in 20 years and wish I had changed my life in some way, while I had the chance. Knowing that, I have nothing to lose in first trying anything and everything to start living, without throwing it all away. I commit to doing whatever it takes.

If you made it this far, thanks for reading my ramblings and for accompanying me on my journey.

I like this post. Especially the part about changing the title of the thread. Good move.

And thanks to everyone who's reached out the last few weeks, sorry for not being responsive.

Re: Journey of life

Posted by Singularity - 17 Apr 2018 13:13

Hatzlocha! Rooting for you

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Re: Journey of life

Posted by lifebound - 29 May 2018 06:12

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I am truly humbled and inspired by your openness, honesty and acceptance.

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Your recent courageous actions are an awesome example and a source of support and

encouragement to us all throughout this journey. I am grateful to be part of your network!

wow! i just read your earlier posts how its difficult for you to open up to others, and now you actualy took that step!!may this be the start of accelerated hatzlacha and recovery!