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Greatful Asher Yatzar bracha
Posted by humblewarrior - 17 Jul 2017 19:39

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So my main form of acting out has been masturbation. While it's been fairly easy to refrain during the daytime it seems that I struggle much more at night. Last night I woke up from sleeping a few hours only to find that my ayver was completely erect. Now most times when this happens I just let the erection run it's course and fall back to sleep. But last night it was different. My ayver was throbbing wildly and I just felt the screaming urge to grab it and do what I knew I had to do in order to relieve the incredible tension surging thru my body. I lay in bed trying to ignore my condition but it just wouldn't subside. Finally I went to the bathroom and attempted to urinate. B"H as the urine exited my body, so did all the pressure that had built up. I felt this incredible release and was so grateful that I was able to win this one. I said the bracha of Asher Yatzar with incredible thanks to HaShem for allowing my urinating to be what allowed me to be victorious!

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Re: Greatful Asher Yatzar bracha Posted by Singularity - 18 Jul 2017 12:31

BH Well done! Warning: Spoiler!

**GYE - Guard Your Eyes** 

**GYE - Guard Your Eyes**