

join SA!

Posted by mikestruggling - 29 May 2017 22:41

I joined SA two weeks ago i think it was a great idea. My therapist recommended it they have a lot to offer. i'm bli'n gonna try to share what i learn. (will try to post around once a day no promises)

Feel free to share your experiences.

DISCLAIMER: This is for sexaholics who have no control over their addiction. If you feel like you have no control your only chance is the 12 steps. You can do it by phone though I think meetings are optimal.

Do you have any fears of joining post them and i'll try to answer.

The first and main thing is that we are looking for serenity peace with ourselves. When we achieve that we can start recovering. My therapist said that anxiety comes from feelings of guilt if you feel guilty or isolated then SA is for you. Guilt and isolation are what i think the biggest deterrent to serenity.

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Re: join SA!

Posted by Shteeble - 22 Jun 2017 13:51

[cordnoy wrote on 22 Jun 2017 12:31:](#)

[mikestruggling wrote on 22 Jun 2017 12:14:](#)

hi we'll get beck to the theme before we start bickering then punching (bickerin' then punchin')

before i start a quick word of caution: The twelve steps DO INDEED work there are probably millions who have been helped so whatever kashias i may have is irrelevant because "it works if you work it" and there is major support by the gedoilim (or so i've been told by my chassidisher therapist)

having said that here goes! a point to ponder

if we are praying to the higher power "as we may understand Him" that means that i pray to Hashem and other religions pray to whoever they feel. for example if a person believes that a

rock created the world chalila then the program would probably still work. how? Hashem lets? why?

i believe i have some answers but i would love to hear from the oiler

Why do you need the answer to that question?

Cordnoy, your question is going to be a big part of the answer.

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Re: join SA!

Posted by cordnoy - 22 Jun 2017 14:09

[Shteeble wrote on 22 Jun 2017 13:51:](#)

[cordnoy wrote on 22 Jun 2017 12:31:](#)

[mikestruggling wrote on 22 Jun 2017 12:14:](#)

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That's why I asked it.

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Re: join SA!

Posted by mikestruggling - 22 Jun 2017 16:37

it is not necessary to answer my question for recovery. neither are my questions at all a reason not to believe in Hashem chalila aderaba the way i believe it works is proof in torah min hashamayim

but for those who do have questions on their emuna based on these questions should understand that the fact that the higher power "works" can't prove anyone is right about their religion/belief (simply) because it works for everyone

additionally we can't say there is no proof at all for spirituality especially after the doctors account in the "Big Book" so what IS going on (tough no?)

but i conclude for today that there is a reason to know how it works for i believe that through that we'll be able to work it more efficiently and effectively

have a great day

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Re: join SA!

Posted by cordnoy - 22 Jun 2017 17:28

[mikestruggling wrote on 22 Jun 2017 16:37:](#)

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My apologies, but I haven't a clue as to what you are driving at. You have no issue, but you are worried about others; why?

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Re: join SA!

Posted by Gevura Shebyesod - 22 Jun 2017 17:29

It works because it's not so much about who/what the higher power is, as much as it is about the fact that it is someone/something other than ourselves.

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Re: join SA!

Posted by Shteeble - 22 Jun 2017 18:51

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Re: join SA!

Posted by Shteeble - 22 Jun 2017 18:56

[Gevura Shebyesod wrote on 22 Jun 2017 17:29:](#)

It works because it's not so much about who/what the higher power is, as much as it is about the fact that it is someone/something other than ourselves.

What you mean to say is

that it's all 100% siyata dishmaya

and

and

and

uhm

not sure what else you meant to say...

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Re: join SA!

Posted by Shteeble - 22 Jun 2017 19:03

[Gevura Shebyesod wrote on 22 Jun 2017 17:29:](#)

It works because it's not so much about who/what the higher power is, as much as it is about the fact that it is someone/something other than ourselves.

and for the record

I don't know the full answer to the question that was posed

but

I know one hundred percent that yoshkeh isn't able to help any of his followers get sober.

Any sober amongst them are sober only because Hashem wills it to be that way.

which raises another issue.

GYE is fundamentally for the Jewish community,

but it is open to all.

And I don't know if the Guard and whoever else runs the show on this here site

wants any theological discussion running around and knocking woodford off the shelves.

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Re: join SA!

Posted by mikestruggling - 22 Jun 2017 19:39

first of all if the Mods are uncomfortable with this conversation by all means let me know and i'll stop i can go to others but its difficult i'd love to talk to r twerski but i dont know how to get in touch with him (maybe one of the mods can pm me his email) other than making an appointment and i'm not near his city and frankly i can't afford an appointment (arguably that's what i really need)

why am i doing this? i feel there is a big toieles for although i do not understand it fully. what i do understand (or i think i do many may disagree and i'd gladly like to hear) is fascinating and enlightening i put out my questions as i did for i wanted to display what the SA literature fails to describe which led me to think that SA was kfira which then warranted the obvious question that if it is kfira how does it work. these thoughts i feel many may have especially as i've seen someone Jewish in SA who became less religious in SA which i feel is mamash missing the boat because all the ingredients for SA is to be found in yiddishkeit but if anyone else has the explanation i sincerely want to hear it i may disagree but if i agree with his explanation i'll end this conversation right there (i'll find another way to brag) if that's what you want

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Re: join SA!

Posted by Gevura Shebyesod - 22 Jun 2017 20:25

Well obviously I believe it's Hashem, but it works even for those who don't, as long as they can submit their will to something other than their own selfishness.

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Re: join SA!

Posted by Markz - 22 Jun 2017 20:27

There may be some kippa wearers that do lip service and don't believe as much in Hashem as you do

Then there are cristians that believe in 1 creator and are great people

Here's one such righteous gentile

gye.vids.io/videos/a09adbb41c11efc328/the-importance-of-accountability-software-for-children

BAD WORD REMOVEDuf is a nice theological discussion.

But the way things are going, we are simply adding more separate gye websites to the list, and soon each guy will have his own and a personal chat room with no interruptions from others which is definitely a good thing, don't you think?

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Re: join SA!

Posted by dms1234 - 22 Jun 2017 20:27

Sorry, too much thinking for me.

But ive heard that the jews in SA that became less religious were on there way out anyways. I have been SA for a year and I have seen plenty of frum people in them. Maybe they became less religious not sure, probably some less, some not. For me, I have not become less religious. In fact my davening is way better!

I think these questions should be asked to someone close to you and not on the forum. Perhaps someone Frum in SA?

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Re: join SA!

Posted by Shteeble - 22 Jun 2017 20:31

[mikestruggling wrote on 22 Jun 2017 19:39:](#)

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I believe many of the quotes and prayers in the Big Book and 12 Step Programs are from christian literature.

It's a feeling that I get. I am not knowledgeable in christian literature, of course.

I personally do not feel comfortable saying those prayers verbatim, even when inserting Hashem where they say G-d.

Now as far as Kfira goes, I'm not sure what you're referring to. The 12 Steps are tools. If they work for anyone, it's because Hashem wills it to be so.

I agree that those joining SA and becoming less religious are missing the boat, but not for the reason that you mention.

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Re: join SA!

Posted by Shteeble - 22 Jun 2017 20:37

[Gevura Shebyesod wrote on 22 Jun 2017 20:25:](#)

Well obviously I believe it's Hashem, but it works even for those who don't, as long as they can submit their will to something other than their own selfishness.

And it works for those in the "who don't" category because Hashem wills it to work for them.

To quote Rav Shimshon Pincus ZTZ"L:

"Does Hashem love the goyim?

Yes.

but....

Hashem loves the yidden like a person loves his own children.

Hashem loves the goyem like a person loves his car.

and the difference is, if your car breaks down, you don't sit shivah....

if you're normal"

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