

I'm Engaged!!! (Any tips?)

Posted by Yehuda0612 - 19 Apr 2017 13:27

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Ok, things happen.

So long story short- I just got engaged. I'm getting married mid-june. Woohoo! Mazel Tov!

Does anyone have any advice about how to prevent masturbating while engaged. Baruch Hashem I'm (somewhat (b/c nobody's really past anything)) past porn. Now it's just a problem of me when I'm alone with myself. It's really difficult especially since I know what I'm going to be doing once we get married which is pretty exciting but I'm realizing I need to keep myself "kosher". It's nice to have a woman to focus on but we're still not married. I just wrote a whole long post and then it got deleted by mistake.

We're both being very careful to not spend too much time together or spend any time together too late at night. 11 o'clock is our curfew for talking on the phone.

Any practical advice?

PS. I did have a really long post including my history and many other details, but I by mistake closed the tab and it all got lost. Then again, nothing happens by mistake, so it must be it was meant to be for there not to be such a long post. Maybe if I have time I'll go back and go over what I missed.

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Re: I'm Engaged!!! (Any tips?)

Posted by Shlomo24 - 19 Apr 2017 13:35

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Welcome. Mazel Tov!

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Re: I'm Engaged!!! (Any tips?)

Posted by Markz - 19 Apr 2017 13:54

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Welcome brother

MAZAL TOV!!!

Sharing some of our history in brief is helpful, so if you have a few minutes to type and submit before the devil deletes it, pls do

Have you heard about the concept of "loving ones wife instead of lusting after her"

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Re: I'm Engaged!!! (Any tips?)

Posted by Gevura Shebyesod - 19 Apr 2017 17:22

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MAZEL TOV!!!!!!

May the 2 of you be Zoche to a beautiful life of happiness and Kedusha together till 120!!!

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Re: I'm Engaged!!! (Any tips?)

Posted by Chaimel - 19 Apr 2017 18:34

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Mazal tov! Many years of spiritual health and happiness iyh!

i spent over 2 hours putting together a post and when I pressed submit it said I'm logged out and deleted everything I'd written, I know the feeling. Much Simcha and nachas iyh!

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Re: I'm Engaged!!! (Any tips?)

Posted by Singularity - 20 Apr 2017 07:59

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Mazeltov Mazeltov!!

When I do a long post, I usually do it on Word or Notepad first and save it and refine it etc. Not worth the heartache.

But the typing itself could be therapeutic.

May Hashem help you maintain your Kedusha. I acted out during the engagement. It was nasty.

My advice is not to see this as a gauntlet, like, "It's the end of the line. Gotta be clean". I thought, like, I'd lose all the *zchuyos* because now I had NO excuse to act out, I mean, cmon, I was getting married!

You may get caught up in the kedusha-fantasy-craze type hype of dramatic proportions just because it's the engagement period, but in reality it's just today, and the best way forward is just for today. I know the former would make be act out. The latter, I've got some chance.

Also, try not to think, "Ah! We're getting married! *NOW* I won't masturbate!!"

Doesn't that sound a mite selfish? I heard it myself, when my son was born.

*Ah! Hashem loves me! A healthy son! And I can perform Bris Milah! Now I'd better not masturbate myself!!*

Why does it always have to be about me?

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Re: I'm Engaged!!! (Any tips?)

Posted by MayanHamisgaber - 20 Apr 2017 14:51

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Mazal tov May the 2 of you be zocha to a life of serenity/sobriety odaat

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