

A New Beginning

Posted by iwilldothis - 05 Feb 2017 21:08

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I'm speechless. I don't know where to start. I haven't been here since 2012, and a lot has changed. I've been having trouble the past couple of years. I was doing great a couple of years ago. I think I even got to Day 100. I'm embarrassed to say that today is Day 0. I haven't been able to get past Day 7. I decided that I would start posting here because it helped then why not help now. I will do this.

Chaim

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Re: A New Beginning

Posted by bb0212 - 22 Feb 2017 06:14

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[iwilldothis wrote on 22 Feb 2017 00:09:](#)

I'm having a hard time tonight partly because my chavrusa is not going to be there tonight.

It could also be because I was so used to something, that I'm getting some sort of relapse. I'm going to look at other threads to remind myself why I'm doing this work.

Day 16/17 I don't know how the chart works. It doesnt matter at the end if I say 17, then it would be easier for me to stop because I came this far.

It's day 17, because that's what your chart says. Good enough for me. Good luck. Each time we break through, we win a battle and move forward.

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Re: A New Beginning

Posted by Singularity - 22 Feb 2017 10:36

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Hatzlocha Rabba. Keep connected.

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