

Group 196

Posted by the.guard - 09 Dec 2016 12:50

Hi Guys! Welcome to group 196. The members of this group are:

- quiet
- Mober
- hopeful
- shua73
- Happydays
- will Succeed Beh
- Jacobinthewomb
- LifneiHashem
- Baruch_Hashem
- vmoshe
- failedregent
- Shzal
- Hbowman
- AllForHashem
- new leaf See [this page](#) for more details on the goals of these groups.

For best chances of success, everyone needs to try and fulfill certain conditions. [See the conditions here](#).

So who will be the first to volunteer to lead this group? Post below and let's get the party rolling!

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Hatzlacha!

P.S. We are looking forward to hearing feedback from y'all about ways to make the group idea even better. Write to us please at: eyes.guard@gmail.com.

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Re: Group 196

Posted by will Succeed Beh - 29 Dec 2016 16:17

Ok so now a small update

29 days! B"H passed 4 weeks, Getting to a month tomorrow BE"H.

Got a new signature line!

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Song by: Menachem Moskowitz; Album: Shmo Shel Melech

Composed by: Meshilem Greenberger.

English translation - for those who dont understand Yidish
Father, even i feel far from you,

I know that you are so close to me,

With love than to a single child, From yearning a tear drops

An eternal love i love you!

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Re: Group 196

Posted by will Succeed Beh - 29 Dec 2016 16:25

Going off for the weekend. will have no access to the net.

Will be missing you all, but i think ill enjoy the quiet, without all the other things included in the web package.

Good Shabbes Chanuka.

?BTW this Friday Rosh Chodesh Shevat, we are starting a new project! the **SHINING SHEVAT**.
please join and lets do it together!!!!!!!

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Re: Group 196

Posted by shua73 - 29 Dec 2016 18:31

[LifneiHashem wrote on 29 Dec 2016 12:54:](#)

Following in shua's footsteps, I am posting this to get it off my chest which will hopefully help me better cope. Last night i had a vivid dream about sleeping with a coworker & today im feeling a bit out of sorts, like overly easily stimulated. At first I felt like it's not a slip because it's a dream & completely out of my control. There was a banana peel on the ground and I slipped on it. Then I realized that if this person made it into my unconscious, maybe it's because I've had one too many glances at her during my waking hours, in which case the one who placed the banana peel on the ground was none other than myself. I used to find this person attractive but as I got to know her I found her more and more repulsive. Apparently there's still a level of attraction there.

SSo has it helped?

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Re: Group 196

Posted by Yosef Tikun HaYesod - 29 Dec 2016 18:34

Shining Shevat sounds good, but...

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Re: Group 196

Posted by LifneiHashem - 29 Dec 2016 18:49

[shua73 wrote:](#)

[LifneiHashem wrote:](#)

Let's do Terrific Teves 1st
Following in Shua's footsteps, I am posting this to get it off my chest which will hopefully help me better cope. Last night i had a vivid dream about sleeping with a coworker & today im feeling a bit out of sorts, like overly easily stimulated. At first I felt like it's not a slip because it's a dream & completely out of my control. There was a banana peel on the ground and I slipped on it. Then I realized that if this person made it into my unconscious, maybe it's because I've had one too many glances at her during my waking hours, in which case the one who placed the banana peel on the ground was none other than myself. I used to find this person attractive but as I got to know her I found her more and more repulsive. Apparently there's still a level of attraction there.

SSo has it helped?

Yes I think posting definitely helped, although I must not have been too clear because some of the responses didn't seem to address my particular situation. Like you said, the real gain is just from posting. The suggestions are welcome but more of a bonus.

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Re: Group 196

Posted by Yosef Tikun HaYesod - 29 Dec 2016 20:05

I didn't know what to say. Obviously, don't look at her,

and try to move desks if you have to.

Don't get depressed over it, but take some precautions

so that it doesn't happen again.

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Re: Group 196

Posted by newbeginning - 29 Dec 2016 20:34

One technique I once heard is that you should wear an elastic band round your arm, and whenever you look stretch it and let go. It will hurt, but then you literally 'snap' out of it and realise that you shouldn't look.

If anything, it at least makes you consciously aware.

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Re: Group 196

Posted by cordnoy - 30 Dec 2016 01:59

My office was a danger zone.

Goin' to meetin's, workin' on myself, sspeakin' to therapist is what helped change me.

Trix are 4 kids.

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Re: Group 196

Posted by LifneiHashem - 30 Dec 2016 02:49

[cordnoy wrote:](#)

My office was a danger zone.

Goin'l to meetin's, workin' on myself, sspeakin' to therapist is what helped change me.

Trix are 4 kids.

Which Trix are you specifically referring to, oh wise yet sex crazed man?

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Re: Group 196

Posted by shua73 - 30 Dec 2016 03:03

Il'm putting in a request.

Can someone share a joke please - I am not as happy as I want to be and instead of searching online for funny stuff (yes I know there's a whole board for this stuff but I find it to be so tiring to actually find that funny joke on there that by the time I find it nothing is funny) maybe we can just have a good time here as friends do. It's Thursday night - chulent, beer and hock is what I remember from back in yeshiva although I was not one of the in crowd so I didn't get beer or chulent and generally hocked with anybody who had nothing else to do I.e. no one better to shmooze with. Or maybe I just wandered around taking walks to nowhere and just wandering.

As a side note, has anybody experienced the SE or similar stuff "back in the day".

So fast forward a bunch of years - now I'm married BH with kids and another one ba'h on the way with a wife who couldn't be less interested in intimacy. I'm not taking this in the direction of oh no what should I do if I have no outlet... I understand that I make her nauseous (it's better than the pic line that she had for first pregnancy, for the uninformed that's a permanent IV port in her arm attached to a pump which is constantly pumping anti nausea medication into her and had to take two bags of iv a day to stay hydrated). That's life. I also get that if I don't do all the things that she asks me and feels that they are easy or if I'm late to shul and stuff like that she gets frustrated with me bc she views me as an extension of herself. All this and many other stuff like it make sense..

But the punch line is that I'm still lonely. I try to make her think that I'm always OK bc I love her and want her to feel good about herself. If I don't she feels guilty even though it's not her fault. But that doesn't make me feel like I have someone to just spend time with. So in short instead of resorting to a mind numbing time wasting outlet such as a movie (even pg13), I am telling a story about myself.

It's not over yet so we could still live happily ever after but that doesn't happen in life, people die happily ever after and that's as close as they get. Life has struggles and here's a, I'm assuming quite usual basically, one.

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Re: Group 196

Posted by shua73 - 30 Dec 2016 03:09

AAAs an addendum, when she's not uninterested, she's sleeping cuz she's bomb tired so I'm living life by myself how fun - no quite boring indeed. As I'm not the getting depressed type I feel like some friends would be nice so thanks to all of you for being there it's nice spending forum time with you.

Last this rambling on and on is therapeutic. I'll be able to look back and check the date when I posted this and say wow things haven't changed for a long time hehe

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Re: Group 196

Posted by LifneiHashem - 30 Dec 2016 03:34

Why did the bowling pins stop working?

Warning: Spoiler!

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Re: Group 196

Posted by shua73 - 30 Dec 2016 03:39

[LifneiHashem wrote on 30 Dec 2016 03:34:](#)

Why did the bowling pins stop working?

Warning: Spoiler!

It's always good to hear jokes that I never heard anything like them before. So this was original
- I like it.

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Re: Group 196

Posted by LifneiHashem - 30 Dec 2016 03:42

Warning: Spoiler!

"shua73" post=301589 date=[1483069182](#) catid=10

[LifneiHashem wrote:](#)

Why did the bowling pins stop working?

Warning: Spoiler!

It's always good to hear jokes that I never heard anything like them before. So this was original
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