

Group 196

Posted by the.guard - 09 Dec 2016 12:50

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Hi Guys! Welcome to group 196. The members of this group are:

- quiet
- Mober
- hopeful
- shua73
- Happydays
- will Succeed Beh
- Jacobinthewomb
- LifneiHashem
- Baruch\_Hashem
- vmoshe
- failedregent
- Shzal
- Hbowman
- AllForHashem
- new leaf See [this page](#) for more details on the goals of these groups.

For best chances of success, everyone needs to try and fulfill certain conditions. [See the conditions here](#).

So who will be the first to volunteer to lead this group? Post below and let's get the party rolling!

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Hatzlacha!

P.S. We are looking forward to hearing feedback from y'all about ways to make the group idea even better. Write to us please at: [eyes.guard@gmail.com](mailto:eyes.guard@gmail.com).

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Re: Group 196

Posted by cordnoy - 18 Dec 2016 22:32

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Lots of good stuff here.

Lively chaps.

Friendly neighbours.

I don't follow everythin', but it seems everyone is on some positive path.

Keep it up.

B'hatzlachah

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Re: Group 196

Posted by shua73 - 18 Dec 2016 22:49

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[will Succeed Beh wrote on 18 Dec 2016 17:55:](#)

Hi Chevreh, its very good to be part of such an amazing and active group.

The past week i realised something else about myself, through the lens of GYE.

I've been missing Minyanim of Mincha & Mariv and as well missing the Tefila itself, but i kept on thinking, Na this is just a one off (- a multiply off), end of last week i realised that im missing more Tefilas then the ones i am praying, so i decided that instead of denying that i got a Nisoyen, ill start to work on it!

So for today it worked, and Be"h it will go on.

I think there should be some type of 90 day wall for all sorts of Kaboles, that any one with a specific Kabolo should be able to find support and work together with other people, e.g. non Jewish movies, Tefila, Minyan etc.

Looking forward for comments...

As I posted previously check out habitbull. It's an app that's designed specifically for that. It's meant for you to create your own goal and it will help you as you develop that good habit. B I use it in addition to the 90 days chart and personally i think it's better than the 90 days chart in a few ways.

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Re: Group 196

Posted by LifneiHashem - 18 Dec 2016 22:50

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[quiet wrote:](#)

[LifneiHashem wrote:](#)

The following is just a joke:

maybe you should consider changing your name?

Sorry, I will try to **quiet** down, especially since that is easier than trying to change your handle on GYE

Was really a mindless comment. I would have put an emoji if I could figure it out on my phone.

I do enjoy and gain from your posts.

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Re: Group 196

Posted by shua73 - 18 Dec 2016 23:58

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Feeling a little curious now. May potentially lead to a slip just letting everyone out there know.

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Re: Group 196

Posted by Markz - 19 Dec 2016 00:21

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Everything is done together in the group.

Slipping has to be a coordinated group activity - until that happens - and it won't - you're just gonna be stuck

Now about slipping - if I feel I'm about to slip it essentially means falling all the way

Is there a way you can keep on trucking without getting wet?



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Re: Group 196

Posted by quiet - 19 Dec 2016 00:31

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[shua73 wrote on 18 Dec 2016 22:49:](#)

[will Succeed Beh wrote on 18 Dec 2016 17:55:](#)

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And is there anything out there for those of us who do not have useful smart phones?

My Android cannot do beans/bubkes

[www.habitbull.com/](http://www.habitbull.com/)

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Re: Group 196

Posted by LifneiHashem - 19 Dec 2016 00:47

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[Markz wrote:](#)

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Is there a way you can keep on trucking without getting wet?



Well, I feel like slipping also, so that makes 2 out of 15. Actually, I feel like falling

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Re: Group 196

Posted by shua73 - 19 Dec 2016 01:10

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Im confused a little. When I say I feel like I might slip that means that I may do something that may cause me to eventually fall. When I put it out there the test gets much easier as I'd rather not tell everyone hey I let you know to stop myself from this but I did it anyway. So I'm not sure why markz is saying it's a fall ... I'm posting many steps before I'm even thinking of falling. That's why it worked last week.

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Re: Group 196

Posted by cordnoy - 19 Dec 2016 01:39

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Hatzlachah to you.

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Re: Group 196

Posted by shua73 - 19 Dec 2016 02:36

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How you doing? Still hanging in there? Have you been able to get yourself distracted to something else?

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Re: Group 196  
Posted by LifneiHashem - 19 Dec 2016 02:49

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Thanks for asking. I'm not "in the danger zone" at all. I just miss it, which is what I meant by " I feel like falling." Like missing a dear friend. It is kind of discouraging, feeling like this longing will never go away.

How 'bout you? How you doing?

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Re: Group 196  
Posted by LifneiHashem - 19 Dec 2016 02:50

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I know, I know, ODAAT

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Re: Group 196  
Posted by Markz - 19 Dec 2016 02:55

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[shua73 wrote:](#)

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Shua you're a great guy 4 Sure



I did not say it's considered a fall

I meant to say for me a slip is step 1 of 12 straight to a fall

Im happy to hear you have many staircases so your slips are very far from falling or circumventing the railings - you must have a big house.

When is visiting day?

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Re: Group 196

Posted by shua73 - 19 Dec 2016 03:09

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In response to all these wonderful questions. Now is not a good time to visit as I myself am still under construction. Second, I am doing better than I was 13 days ago. Third, does anyone else feel that the longer they're clean the less cloudy their brain is in general. Your mind starts to get clearer and you're less I don't know what to call it but it's something good.

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