

Group 196

Posted by the.guard - 09 Dec 2016 12:50

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Hi Guys! Welcome to group 196. The members of this group are:

- quiet
- Mober
- hopeful
- shua73
- Happydays
- will Succeed Beh
- Jacobinthewomb
- LifneiHashem
- Baruch\_Hashem
- vmoshe
- failedregent
- Shzal
- Hbowman
- AllForHashem
- new leaf See [this page](#) for more details on the goals of these groups.

For best chances of success, everyone needs to try and fulfill certain conditions. [See the conditions here](#).

So who will be the first to volunteer to lead this group? Post below and let's get the party rolling!

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Hatzlacha!

P.S. We are looking forward to hearing feedback from y'all about ways to make the group idea even better. Write to us please at: [eyes.guard@gmail.com](mailto:eyes.guard@gmail.com).

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Re: Group 196

Posted by shua73 - 15 Dec 2016 01:09

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Btw is there a way to give out karma on a smartphone. I usually post from my phone but I don't see any karma zach on my phone just on my computer? I need to be able to give out karma for all the awesome posts. Thank yous don't cut it.

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Re: Group 196

Posted by cordnoy - 15 Dec 2016 01:27

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[shua73 wrote on 15 Dec 2016 01:09:](#)

Btw is there a way to give out karma on a smartphone. I usually post from my phone but I don't see any karma zach on my phone just on my computer? I need to be able to give out karma for all the awesome posts. Thank yous don't cut it.

There is no limit to thank you's.

Karma can only be given only once every six hours.

I think you can do on a phone when you go to their profile.

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Re: Group 196

Posted by LifneiHashem - 15 Dec 2016 01:45

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(asked in an earlier post) what is karma about? Last I checked karma was some form of destiny that buddhists believe in. What is it about on the forum?

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Re: Group 196

Posted by cordnoy - 15 Dec 2016 01:48

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[LifneiHashem wrote on 15 Dec 2016 01:45:](#)

(asked in an earlier post) what is karma about? Last I checked karma was some form of destiny that buddhists believe in. What is it about on the forum?

Are you discriminatin' against Buddhists?

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Re: Group 196

Posted by shua73 - 15 Dec 2016 02:12

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No. Just destiny. Never been a fan of the concept it's too cliché

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Re: Group 196

Posted by cordnoy - 15 Dec 2016 03:14

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[shua73 wrote on 15 Dec 2016 02:12:](#)

No. Just destiny. Never been a fan of the concept it's too cliché

Me no comprehend.

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Re: Group 196

Posted by LifneiHashem - 15 Dec 2016 03:21

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Ditto

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Re: Group 196

Posted by shua73 - 15 Dec 2016 03:24

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[cordnoy wrote on 15 Dec 2016 03:14:](#)

[shua73 wrote on 15 Dec 2016 02:12:](#)

No. Just destiny. Never been a fan of the concept it's too cliché

Me no comprehend.

RResponding to discrimination against budhist comment that no he was only discriminating against destiny since he said it's some destiny that budhist s believe in so either he's against destiny or budhists. My sincerest apologies for not being clear.

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Re: Group 196

Posted by Gevura Shebyesod - 15 Dec 2016 03:51

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[LifneiHashem wrote on 15 Dec 2016 01:45:](#)

(asked in an earlier post) what is karma about? Last I checked karma was some form of destiny that buddhists believe in. What is it about on the forum?

[tryingtoshteig wrote on 03 Sep 2013 20:45:](#)

[????? ?????? wrote:](#)

BTW, what is a karma?

A karma is like a truckma, only smaller.

But seriously, karma (at least here on GYE) is kind of a popularity measure. Meaning that if someone likes you or likes something you said, they click on the "+" under your name, and your karma goes up. And if they don't like you they click on the "-" and your karma goes down.

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Re: Group 196

Posted by AllForHashem - 15 Dec 2016 05:27

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Hey guys in the group,

Sorry I've been silent, just been super busy. I get all the posts of this group in my email and can check it periodically. I'm back to a second job, first from 8-4 then the second from 4 (or whatever time I get there) till 11.

I am trying to stay positive, about life in general. I need a new hobby.

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Re: Group 196

Posted by Singularity - 15 Dec 2016 08:35

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[Gevura Shebyesod wrote on 15 Dec 2016 03:51:](#)

[LifneiHashem wrote on 15 Dec 2016 01:45:](#)

(asked in an earlier post) what is karma about? Last I checked karma was some form of destiny that buddhists believe in. What is it about on the forum?

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[????? ?????? wrote:](#)

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It's nice, but isn't the point of the forum to NOT have a mechanism that lowers one's self worth? (potentially)

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Re: Group 196

Posted by will Succeed Beh - 15 Dec 2016 10:45

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Welcome AllForHashem

Good thing you started to post.

Keep on!

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Re: Group 196

Posted by will Succeed Beh - 15 Dec 2016 10:55

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[will Succeed Beh wrote on 14 Dec 2016 19:08:](#)

Had i long talk with my Mentor/Psychologist or however you want to call it...

...2) Getting power on how much our thoughts can control me = When i feel a drive/desire its the thought that i need to satisfy my desire/drive that makes me act out, and i'm aiming to get control and be able to tell myself "i know i've got these thoughts - but i can have these thoughts and still go on in life (without having a need to act out, thats the way normal people think (thats what he said - as i have got no idea how normal people think).

Just a bit of a better explanation, as it seems i didnt write it so clear.

If i build a wall not keep on falling, as i did with the TaPHSiC Method, but i do not build a control on my thought process,

What will happen is that every time i have a strong drive, ill crash into the wall, and **the wall will keep me**,

but what would probably eventually happen - or the **wall will get shaken**, or **i will get bashed up!**

So the idea is to be able to gently divert my thoughts not to crash into the wall, or at least not a hard crash.

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Re: Group 196

Posted by will Succeed Beh - 15 Dec 2016 11:02

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[LifneiHashem wrote on 14 Dec 2016 22:22:](#)

WS it's great that you have a live person to talk to. I have not taken this step but many people on GYE say it's very important. Do you find it has changed things for you?

Yes it sure did.

However i always had an open relation with him, got to know him when i was still in Yeshiva, When my parents realised what is going on with me, they sent me to him, so sometimes when i feel im up/down to something i try to call him & get some help.

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