Filters

Posted by HangingInThere - 04 Nov 2016 21:45

Right now I use K9 on a Windows 8 computer. I'm inclined to believe that the best set up is to block nearly everything except what I need for school, banking, and maybe some other matters, but I'd like ideas on what works well for people. I get triggered by regular pornography, and even less intense forms, like women dressed up with some clothes on but exposing private areas on their bodies, certain kinds of youtube videos on mature topics, sometimes even sites discussing sex education cause problems for me. Basically, for me, any time I see a woman immodestly dressed as an image, in a video, on a website, or sometimes even if I see certain language that is vulgar or sexually explicit, even if unaccompanied by a picture, it can trigger relapses and falls. Especially if anyone has experience with K9, I'd like to hear what you suggest. Also, I'd like feedback on the other filter and accountability options. I read bout them on GYE, but I would like to hear from people who actually used them about what they are designed to do, if they worked well, is there room for improvement, if your filter and / or accountability software didn't wprk well, what option/s are you looking into next, etc. Thanks!

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