

Life

Posted by shmiraShachaim - 16 Oct 2016 19:18

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Hello everyone

I'm not making a new user name this time rather a new thread. A new beginning. Haven't written anything for a while but have been snooping around. A lot has happened in the last few months but not up to writing about it. No matter how painful life seems, no matter how much hell I am in, I look forward to a happy life, a good life, and a meaningful life.

I am starting a new period now and it will be extremely challenging. I hope- no will, learn and implement what I learn, in order that I can have that fulfilling and meaningful life that I have always wanted.

Lust isn't just wrong. It ruins everything. I am committed for today to GUARD MY LIFE. One day hopefully I can enjoy life. Doesn't seem like it right now but living in the future isn't living. The past, at least for now, is impossible to leave and it will haunt me for a long long time, but I need to leave the future and not let that haunt me as well. I need to live in the present, no matter how hard and painful it may be, and- without taking the destructive escape route of lust, take the next best step, one day at a time.

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Re: Life

Posted by Markz - 16 Oct 2016 19:30

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I'm with you in thought and spirit

Here's a Virtual Hug, as Gevura Says

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Re: Life

Posted by shmiraShachaim - 16 Oct 2016 19:34

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Thank you

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Re: Life  
Posted by Teshuvahguy - 16 Oct 2016 19:47

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We're with you, Shmirashachaim. Whatever I can do to help you, if anything, I am offering. Just reach out. Hatzlacha. Remember, you are not alone in this.

TG

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Re: Life  
Posted by BenTorah.BaalHabayis - 16 Oct 2016 20:12

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It's good to hear from you again, Shmiras Ha'chaim. Whatever is going on in your life currently, we are here to support you. Your attitude seems healthy and I hope you find the route to long term success and happy living.

Have an uplifting Yom Tov!

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Re: Life  
Posted by Gevura Shebyesod - 16 Oct 2016 21:24

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welcome back!

May Hashem help you through the pain and lead you to a happy and fulfilling life.

have a Great Yomtov!!!

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Re: Life

Posted by shmirashachaim - 16 Oct 2016 21:34

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Amen. And thank you for reaching out to me before Gevurah.

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Re: Life

Posted by shmirashachaim - 05 May 2017 21:09

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**It's been awhile since i've utilized the virtual world of GYE. Most of you probably don't remember me (maybe a few? Marks? At least you?). For various reasons after posting once after a long break, I decided to move on. To be honest, I felt uncomfortable when I logged on for the first time a few days ago. I wasn't used to GYE. I wasn't used to the discussions, the jokes, or the bright/not-so-bright ideas. Listening to a secret group of guys talking about their petty/insane issues and discussions gave me a weird and almost squirmish feeling. The first thought that popped into my head was that I am above this. I'm in the "real world".**

**But what does it really mean to live in the real world? GYE is not just a chat room (at least it shouldn't be).The guys who are joking, discussing, and giving advice all have one common goal (at least they should), and that is to live in the real world. To live in the real world isn't automatically accomplished by the fact that one isn't spending time on anonymous online forums. Living in the real world means to live without hypocrisy, secrecy, or shame. In a sense, the guys on the forum can even be on a higher level than many quote-unquote "real world regular " people because they are actively and desperately pursuing their potential, which is what the real world should be about.**

**Without going into all my thoughts on what GYE is about and why I left, I would like to share one aspect of those things that has been my mind.**

**One of the ways GYE can help guys live in the real world (at least potentially- or at least I thought potentially) is by helping them redefine what the real world is. Talking for myself,**

one major component of this struggle is living in two disparate worlds: 1) The “real” world and 2) the “fake” world. The real world being the one with friends, family, learning, growing, etc. The fake world being the one with a racing and confused mind “going to the bathroom” or driving to unsavory places doing unsavory things with unsavory people. The real world is real while the fake world in a sense is not because they just can’t coexist and therefore can never “meet” each other (ayin Captain Kirk in the Dov quotes if i’m not making sense). One might suggest that GYE can bridge those two worlds and hopefully give clarity on what is in fact real.

Yes, many caution that the GYE forum can be insufficient (i.e. I got kicked off by Cordnoy) or even unhealthy. Unfortunately, (again talking for myself) it didn’t seem sufficient for me and that was partially because it did not bridge the two worlds to the point that it should have. It might even have just become another part of my “fake” world in a way. I, through the urging of GYE’ers, initiated to merge the two worlds (by telling my Rebbe), and not long after the two worlds unexpectedly collided and exploded on their own..

I am kind of still protesting even as I write this. I am not coming back after a major fall (at least not right after). Or any fall for that matter. And I have been doing things for recovery. Don’t get me wrong. There was a time I felt GYE was “entertaining” in a way, often I found it to be an outlet for my emotions, and it also ended up being a place where I could connect to some really good people. But it also puts me in a world where my ego doesn’t want to be part of. However, after some time since I left and some thought about why I left, I now feel that GYE might once again be an appropriate role in my recovery (which I need) and that I can benefit from as I have in ways in the past. I think it is time to at least see if I can let it help me fulfill my potential in the “real” world; one thing is that now that the two worlds apparently decided to get to know each other this well, perhaps GYE now can be at least part of what helps keep my real world defined. I guess I’ll see how it goes.

My life has been difficult. I would like to be positive but that is the obvious and no one can deny it. I remember the first time I read a lifelines article and being proud that I wouldn’t be able to write any story for that section of Mishpacha; thinking that thank God my life was not interesting enough for anyone to get entertainment from before they take their Shabbas nap. But then the time came when unfortunately I realized that I can indeed write quite a captivating lifelines article. Funny how things change. Then there was that time that I happened upon the horror section of the GYE stories page, thinking how terrible the stories are and being comforted from the fact that I can’t write a story in that horrible section. But, once again, I found myself with the means to write an article for there as well. Funny how things change.

I always said: “God has a sense of humor; I just don’t always get it”. But life has taken a toll on me far beyond any humor. How do you smile when life is so sick? How can you laugh when everything is so gray?

But here I am. I guess I am not giving up. At least for today I am moving forward. At least for today I am putting one foot in front of the other and hoping that one day I won’t have to tell my feet what to do and that they will want to jump and skip by themselves. I often

**don't see that and I often have felt guilty in even attempting to see that. But what else am I supposed to do?**

**Here I am. Back on GYE and ready to joke, discuss, and take advice on all my petty (and insane) issues.**

**I know that this was a little bit of a meggila; for those who made it until the end should not worry; I am not planning on writing one so often.**

**Hope to post more soon**

**Shmira**

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Re: Life  
Posted by Gevura Shebyesod - 05 May 2017 22:03

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Re: Life  
Posted by Markz - 07 May 2017 02:12

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[shmirashachaim wrote on 05 May 2017 21:09:](#)

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**Shmira**

Gr8 to have you back brother!

Feel free to email me if you want to share more

I think your post should be printed in the next lifeline column. Serious!

I don't know that Cordnoy kicked you off

He may have offered you a promotion

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Re: Life

Posted by Hashem Help Me - 07 May 2017 04:55

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Shmira, welcome back to GYE. Some food for thought. Maybe you came back to help others.

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Re: Life

Posted by shmirashachaim - 08 May 2017 00:32

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Thanks for the welcome. I also forgot to publicly thank all of those guys who were there for me. Whether they gave me hours of their time to talk, kept in touch, just reached out, or helped me some other way, I will never forget what those guys did and they don't realize the impact they had on me.

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Re: Life

Posted by shmirashachaim - 08 May 2017 00:34

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[Markz wrote on 07 May 2017 02:12:](#)

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Thank you.



I would agree with you besides for the fact that promotion in my eyes means moderator or admin. Due to the astonishing fact that I haven't been made either of those, I came to the sad conclusion that perhaps people don't realize that I should be one. Why else do you think I left GYE?

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Re: Life  
Posted by shmirashachaim - 08 May 2017 00:52

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[Hashem Help Me wrote on 07 May 2017 04:55:](#)

Shmira, welcome back to GYE. Some food for thought. Maybe you came back to help others.

That is something to think about. But not for too long. Otherwise I get ahead of myself and try to help others before I helped myself to a level where I can help others in a way that is appropriate in relation to the level I have helped myself.

I am here to help myself; perhaps included in that is to help others. But the former must be at least the focus if I want the later to one day be the focus. Otherwise the former nor the later will never truly get anywhere. Does that make sense?

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Re: Life  
Posted by shmirashachaim - 08 May 2017 00:54

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I think that was the most confusing thing I have posted.

In any case, thanks for the welcome HHM and looking forward to getting to know you more. Wish you luck.

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