A New Resolution Posted by GoodSoul - 11 Oct 2016 12:01

I am making a few resolutions, bli neder, for the new year, and one of them is to make one post about my own journey and respond to one other post every day. I hope this will help keep me connected to sober thinking and help me to gradually wean myself off lust actions.

Shana Tova to all.

Re: A New Resolution Posted by Watson - 16 Oct 2016 14:12

GoodSoul wrote on 16 Oct 2016 13:20:

I need something new, different, and better than the usual ideas

Shucks, that sounds lonely. You have my sympathy.

Re: A New Resolution Posted by GoodSoul - 16 Oct 2016 14:13

I'm not rich enough to keep experimenting with therapists until I find the one who will work for me. Still working on my first billion.

Everyone is throwing around a lot of suggestions, and then saying just keep trying stuff until something works. I don't find that helpful or encouraging. Maybe other people do.

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Re: A New Resolution Posted by Markz - 16 Oct 2016 14:34

I will daven for you. Warning: Spoiler!

You are a goodsoul!!

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