

Would I be addicted?

Posted by herewegoagainn3 - 20 Aug 2016 17:54

I know I have reiterated this story over and over. I just want to say that I first started watching pornography at age 14 and has stopped at age 18. However, I still watch it in the middle of the night when I am half-asleep. I would wake up, strip myself naked, and then head over to my phone or laptop and watch it. I have done it for almost six years now. I am now 20 and I am hoping that I can break free. What can I do now?

Most of the time I used gay porn to ejaculate. I don't do it consciously now but subconsciously. what am I supposed to do? I mean, I have heard of kilipots or demonic children that can be created if one has spilled their seed. I have spilled it for more than a hundred times. Have I created these children? If this is true, I certainly hope they won't harass my future generations(if it's even possible for me to be fertile since I have wasted seed those years). After having stopped wasting seed, I had morning emissions where I would dream of some naked guy and then I would ejaculate from then on out. I know this may be a trigger for some of you, but I need to get it all out. I have told my friends via text messages, facebook, and many other social media and also to my family members. I have even slipped a note in one of my parents' room and said hey I have watched gay porn in my past. Still, I have not been unable to break free. A part of me simply feels that it has drained me of energy, has caused me to waste my time dwelling on guilt, made me antisocial, and yet it seems like there is no way out. I wonder why do they keep coming back to haunt me over and over?

My relationships with everyone have been affected to some degree. I feel like everyone on the street sometimes looks at me as though I had committed a grave sin that is akin to murder or something. they look at me or they glare at me on the streets as though they know exactly what I had done in secret. I have had a turbulent relationship with everyone in my life. I would scream and yell and get angry and stuff. I feel like this does affect my dopamine levels and stuff. I feel like I am constantly being harassed by stuff that is not in the material world. I am so upset that I cannot break free and be with others at all. I feel like the more I get serious about religion, the more likely I am to just go crazy. most of my generation would have said oh it's absolutely normal to watch porn and that I am making a big fuss over nothing. do you know how much I have cried in my room? do you know how hard it is to recover? Do you know how cursed I feel? I feel like god has set a curse on me. I really do. I don't want to be addicted. If I watch even the slightest porn I won't forgive myself and I will keep on talking and talking about it over and over for hours on end until I am finally guilty or shamed.

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Re: Would I be addicted?

Posted by herewegoagainn3 - 20 Aug 2016 18:04

[herewegoagainn3 wrote on 20 Aug 2016 17:54:](#)

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addicted so that I have something to pray to him about because to be honest with you I am sick and tired of asking God for forgiveness and confessing the same old sins over and over. I know a lot of people who do not believe in God who do not have any addictions whatsoever and financially speaking are much more successful than I am. The Asians. They are the ones who simply do not believe in God but yet have by far the least amount of addictions I have ever known. I have never heard of any Asian who has ever been addicted to anything unless they were either a member of the three monotheistic faiths. Just saying. I don't know why, but I feel like if we have to compare ourselves with them, they are much cleaner than all of us. and it seems like God has blessed them much more despite their idol worship and their amulet wearing and things like that. it's just so not fair.

I don't know of a single Asian who is addicted to pornography. I do have a bit of jealousy in me. I really do. I am merely wasting time thinking about this. I am merely wasting time even talking about it. all I want to say is I don't want to create any more demonic children (kilipots), I don't want to sin in this manner anymore, I want to be free, and I want it now. If not, I refuse to stay on this forum. If this forum consists of people who have taken many years to recover but still have not, then I would not want to stay here. As far as I know, I have joined twelve step groups and they have not worked for me. So, I don't know. Plus, I don't want to have to feel that if I don't pray, then I will be led into temptation. I have prayed many times about pornography and things like that, but each time when I stop praying about it, it just gets worse for me. Or sometimes prayer may not even be effective at all.

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Re: Would I be addicted?

Posted by Watson - 20 Aug 2016 23:01

Hi there Herewegoagain.

First of all may I ask what your previous usernames were?

From what you've written here and in other threads, I suspect that an online forum might not be able to give you the support you need to overcome your difficulties. I think you would benefit more from finding a therapist ASAP - guardyoureyes.com/therapists

Stick around the forum as well though, we're happy to hear from you.

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