

Shmiras habris success!!! but need help with ssa please!

Posted by sufferyisroel - 18 Sep 2008 00:48

Hi ,

I am new here so please be understanding as I am not sure how this works. At 19 I stopped being motzi zer'a li'vatola (masterbating). At year 6 of purity from this sin I got married and I am still clean 2 years later and B"H happily married. I have been in control and free of this sin!! it is very possible.

I have another issue that has plagued me for many years on and off. I am wondering if someone could offer any advice/help. I suffer from some level of ssa (same sex attraction) and I want to be rid of it totally. I live in brooklyn and I work full time.

Thanks

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Re: Shmiras habris success!!! but need help with ssa please!

Posted by the.guard - 18 Sep 2008 06:45

First of all, I just want to say how refreshing it is to hear of a real success! You are an inspiration to us all on this forum.

Chaza"l say, "The words of Torah cannot last through someone, unless he has first stumbled in them". It could be that almost all men at one time or another fell in this sin. When we are young, unmarried and not yet mature, it is difficult to be fully clean and in control. However this is G-d's plan. This has to happen for a person to be able to properly fight the evil inclination and to know what he is up against. Once a man knows what brings him to fall, he can start to avoid those things. He will come to realize how important guarding the eyes is-- something that until that point he may have not paid much attention to its importance. Because he has fallen in the past, he can know now what he needs to do to become a Tzaddik. If he had never been brought to fall, he would never become truly strong and truly holy. That is why Chaza"l say, "in the place where a Ba'al Teshuva stands, not even a perfect Tzaddik can stand".

As to your question of SSA - please see this page of the FAQ on our site:

www.guardureyes.com/GUE/FAQ/FAQ16.asp

I think there is lots of info and links there to help you in this regard.

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Re: Shmiras habris success!!! but need help with ssa please!
Posted by Mevakesh Hashem - 18 Sep 2008 15:59

WOW!!! 6 YEARS!!! AMAZING, AMAZING AMAZING. May we all be blessed from Hashem to persevere and stay strong for the rest of our lives.

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Re: Shmiras habris success!!! but need help with ssa please!
Posted by snax - 18 Sep 2008 16:28

Amen

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