

Direction

Posted by Malkitzedek13 - 26 May 2016 17:10

Hello everyone

I am seeking guidance as I don't know how to continue on this way. On the outside I'm happy and positive and hopeful but inside I don't know how I can ever sit down and learn Torah knowing the filth my eyes and hands have seen. Everytime I try to get up I can't and fall down. I haven't been on this site since January 15 and a lot has happened in that time span. I almost ruined my marriage, I stopped studying Torah the way I used to and praying.. and it just felt like I had gotten back to normal a couple weeks ago and it felt like the spark was coming back and I fell just as hard and now I have no idea how to move forward.

I'd like to try the 12 steps seriously and have a sponsor I can talk to but I don't know how to begin at all.

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Re: Direction

Posted by cordnoy - 26 May 2016 18:54

Welcome,

Posting is a good start.

Take a deep breath and look around.

See what speaks to you.

B'hatzlachah

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Re: Direction

Posted by markz - 26 May 2016 18:59

Welcome!

Follow cord

and oh... don't hold your breath too long

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Re: Direction

Posted by David712 - 27 May 2016 02:54

Malki,

Don't look ahead two moths down line nor 2 weeks - think about the moment. Right now try getting yourself out of the routine and jump in to action. Get on a call and open up to someone or in person if you have someone. Don't keep it in the mind cause that will be gone as fast as it came.

Take action now.. and think later...

Keep on trucking in the right direction bro..

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Re: Direction

Posted by markz - 27 May 2016 02:57

David!! Welcome back!!

VROOM VROOM

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