

URGENT chizuk needed.

Posted by Fightingaddictionnow - 11 May 2016 00:25

Hello long lost friends.

Been a while since i checked in on here.

The majority of my journey is a success story, I've been clean (from intentional z"l) since last tisha bav. In that respect i honestly never believed I'd come this far and I'm amazed that even when you think you'll never make it there really is a turning back from addiction. I honestly do not even consider or have the urge to masturbate for months already now.

Porn is a whole different story. Bh in the time I'm clean I've not gone to watch on purpose either. But guarding my eyes is still incredibly difficult. So much so that my y"n knows where to look and I just stopped myself two or three minutes in to searching social media subconsciously hoping to see what I shouldn't. So I've run straight here to cry for help. The taivah is so incredibly strong and in that respect I am i desperate need of chizuk. So please leave some advice on steering back on track, I'll open this again in the morning and would love some chizuk.

Thank you guys

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Re: URGENT chizuk needed.

Posted by markz - 11 May 2016 00:42

[Quote="Fightingaddictionnow" wrote on 11 May 2016 00:25:](#)

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Re: URGENT chizuk needed.

Posted by markz - 11 May 2016 00:45

Please see my reply on your thread

here

guardyoureyes.com/forum/19-Introduce-Yourself/230701-New---and-On-the-Way-to-Breaking-Free?limit=15&start=75#287411

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Re: URGENT chizuk needed.

Posted by Fightingaddictionnow - 11 May 2016 01:01

Markz - you rock. You're always there for me. Goodnight world - I'm sorry for the 'long lost' phrase, I hope you're not lost and I certainly didn't mean it like that.

KOT guys

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