

struggling

Posted by alwaysbesimkha - 03 May 2016 04:28

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Hi everyone. I was not forum first. I masturbated for a short time period when I was 15 and I also saw so much pornography for a long time from when I was 13 years old. When I was 16 we moved to America. Baruch Hashem we became forum. I started to go Yeshiva. I am yeshiva for nine years. I struggled with lust and bad thoughts for a long time. Those pornography ruined my brain. I tried in past two years to get married. But unfortunately it didn't work out. I am now passed shidukhim age. There are different reasons why I couldn't get married. But I will not discuss it now. I always in past 9 years struggle with desire to my opposite sex. But I hold back myself and tried to not even see a bad picture. I spent all of my time in yeshiva and some nights in college. After I got older those bad thoughts still bothered me. I really liked to get married and be saved from these desires. But it didn't work. My desire got worse and worse. Recently in past 2 months ago I started to masturbate to take away my desire to girls and also to take off from stress. Few times I looked for prostitution, but I held myself back. I am masturbating more and more. I also started to see again pornography. I am really embarrassed from myself to be a ba'al tshuva yeshiva and doing this. But my desire to girls is inevitable. I feel better after masturbating, but I am getting addicted to it and I know of course it is a big aveira. I am sure if someone doesn't help me I will be forced to do sex with a prostitute. Please help me

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Re: struggling

Posted by markz - 03 May 2016 04:36

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Welcome

How do you keep besimkha if your brain is fried

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Re: struggling

Posted by inastruggle - 05 May 2016 05:17

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Welcome.

Do you have filters on your devices?

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