

How to help a good friend of mine - addict?

Posted by Luria - 12 Nov 2009 20:20

I just realized that there is a good chance someone here has insight into this. Some help would be really appreciated. I gotta run to class soon so I hope this is clear.

My close friend is in a very prestigious professional program. He is in his mid 20's. He is a bright guy but always very lackadaisical about school. He studies very little but that little that he does study plus pre-exam cramming give him good marks. He has always been into these silly computer games, but everyone has their silly things they waste time on. He has recently started playing an online RPG. For those who don't know what that is a role playing game - it's its own little world, running 24/7 where you build cities and buildings, form alliances with other real people playing the game, you can chat with them etc - in an effort to be the most powerful etc. 2 of his friends separately have come over to me to ask me to talk to him to get him to stop - . When I told them that he has always been playing these games in class they told me that he used to at least pay half-attention. He is now fully engrossed in the game during class - not paying attention to a word of lectures. He tells me how funny the people are that he chats with in the game and how great he is doing in the game. Over Shabbos he thinks about what he is missing in the game I know that he is even up late playing it at home. He has always been a little wacky but I am getting nervous. Right now there is no way he will pass any of his courses. I found someone who explains why these games are so addictive.

http://wtfiswrong.com/index.php?option=com_content&task=view&id=59&Itemid=2 here. It is really its own little world. Type "RPG addictive" into Google and you will see all the results

I once started telling him that maybe he should ease up on the game - he sorta agreed to me but continued playing it. I don't want to get him insulted but this can really be horrible for his future. Bad grades = no job.

We have a close relationship and shmooze about everything - nothing is off limits. But I am not the type to give mussar. I want to say it right.

How should I approach him about this?

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Re: How to help a good friend of mine - addict?

Posted by habib613 - 16 Nov 2009 04:38

lol

yeah sneezy.

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Re: How to help a good friend of mine - addict?

Posted by Luria - 17 Nov 2009 21:40

This is definitely not a new question but it just came up for me. I had to ask a store worker a fairly long question and she was the only one in the store - and really attractive. I was sort of trying to avoid eye contact while trying not to look like a weirdo with my eyes darting everywhere but at her - and I probably ended up failing at both. I don't want her to feel like she's some piece of trash that I won't look at but at the same time I couldn't think of any other way to avoid improper thoughts.

This seems like some middah kneged middah for me having made fun of charedi people that won't look at women in the eye when talking to them. :-[

What do all you guys do?

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Re: How to help a good friend of mine - addict?

Posted by the.guard - 17 Nov 2009 22:19

You're a Tzadik, you did good.

You'll get better at it...

You look like you're looking at her, but you're really looking "past" her... This way, she doesn't really notice...

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Re: How to help a good friend of mine - addict?

Posted by the.guard - 21 Nov 2009 21:19

[Rage ATM wrote on 16 Nov 2009 00:21:](#)

as dov one posted, dyslexics of the world untie!

A dyslexic spammer keeps sending me maps!

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Re: How to help a good friend of mine - addict?
Posted by bahava - 24 Nov 2009 08:04

[guardureyes wrote on 17 Nov 2009 22:19:](#)

You're a Tzadik, you did good.

You'll get better at it...

You look like you're looking at her, but you're really looking "past" her... This way, she doesn't really notice...

remove your glasses if that's an option.

And yeah, looking past works well but takes some practice.

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