One Brain. One Think. Posted by Shteeble - 21 Feb 2016 14:32

Welcome to the One Brain. One Think. thread.

The human brain is not capable of thinking about two things at the exact same time.

If we have a collection of many amazing things to think about,

we can choose to focus the brain on thinking about these amazing thoughts.

While we are focused on these thoughts, there will be no room in the brain to think about lust.

If the lust pushes its way back into the brain, knocking out the thought we were thinking,

move from the thunked Thunk, on to the next Think to think.

The new Think will push out the lust thought again.

This first post will be edited to include a list of the very best Thinks to think.

Please post each Think idea in a separate post.

You can vote for a Think by saying Thank You to the Think.

It goes like this: Thank you, Think.

I think you're a good Think.

I think the Thinks with the most Thanks will be the Thinks in the Thanked Think list that will go in the first post on this thread.

Happy Thinking!

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Re: One Brain. One Think. Posted by Shteeble - 21 Feb 2016 14:49

# 1

**Catskill Mountains** 

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Re: One Brain. One Think. Posted by Shteeble - 21 Feb 2016 14:50

#2

What is the most important thing for me to be doing right now?

Re: One Brain. One Think. Posted by Shteeble - 21 Feb 2016 14:55

#3

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What am I doing for shalach monos this year?

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Re: One Brain. One Think. Posted by markz - 21 Feb 2016 14:58

## Shteeble wrote:

What am I doing for shalach monos this year?

How about - Send me an envelope

Warning: Spoiler!

Re: One Brain. One Think. Posted by Shteeble - 21 Feb 2016 14:58

# 4

What is a good, very small goal that I can accomplish in the next few minutes?

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Re: One Brain. One Think. Posted by Shteeble - 21 Feb 2016 15:12 # 5

coffee

Re: One Brain. One Think. Posted by Shteeble - 21 Feb 2016 15:23

#6

Plan your next vacation.

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