

Addicted and about to get engaged..

Posted by Seekerofpeace - 16 Feb 2016 07:06

Hi guys,

This is my question:

I'm struggling for air in my battle with porn and masturbation. I'm trying so many different things yet progress is extremely slow. Bh next week I'm joining a 12 step phone conference here on GYE.

To make matters complicated, it seems that after about 5 years in shidduchim I'm about to get engaged.. And I'm still struggling with an addiction that's killed countless relationships. I'm absolutely terrified of the possible damage this could do...

And the question of questions: do I tell her anything? Part of it? Nothing at all? We're not even married or even engaged yet! She'd probably throw me out the nearest window.. I'm feeling really, really horrible and confused about my situation.

Thanks to anyone who's gone through something like this and can offer some insight as to how to deal with it.

Hatzlacha to us all.

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Re: Addicted and about to get engaged..

Posted by markz - 16 Feb 2016 11:51

Welcome!

Phone conference is great idea

Can you explain what you mean "killed countless relationships" - I didn't understand that one

IMHO ask a LOR or Mashgiach, for their advice - if they are judgemental (they're in the wrong if they do), just KEEP ON TRUCKING - find a different person you're close with to talk to

Hatzlacha and Mazel Tov!

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Re: Addicted and about to get engaged..
Posted by Seekerofpeace - 16 Feb 2016 12:10

Thanks for the advice!

Yes, you're probably right that I should be asking for qualified advice from a rav, not secretly on an online forum..

In any case, "killed countless relationships" means precisely that.. Addiction to pornography has recked countless marriages. I've witnessed one such case personally, but it's unfortunately not an isolated occurrence.

Telling a rabbi isn't the same as telling a potential spouse.. I mean, he's not deciding if he's going to commit himself to a lifelong relationship with me. The girl in question is, which is what makes divulging it to her infinitely more complicated.

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Re: Addicted and about to get engaged..

Posted by cordnoy - 16 Feb 2016 12:40

Welcome,

There is serious change goin' on in your life now.

Go to the person you are close to. He will lead you in the right direction.

B'hatzlachah

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Re: Addicted and about to get engaged..

Posted by Bigmoish - 16 Feb 2016 15:14

Welcome.

[Seekerofpeace wrote on Unknown:](#)

Hi guys,

This is my question:

I'm struggling for air in my battle with porn and masturbation. I'm trying so many different things yet progress is extremely slow. Bh next week I'm joining a 12 step phone conference here on GYE.

Why next week?

Check out the quote in my signature.

The one about today.

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Re: Addicted and about to get engaged..
Posted by mr.clean - 16 Feb 2016 16:30

Definitely seek the Advice of a rov (I would suggest one that knows u or has experience in dealing with relationships). We can give chizuk on the forum but i can't imagine u want life advice from anonymous people

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Re: Addicted and about to get engaged..
Posted by Sasha 2 - 16 Feb 2016 17:20

Welcome!

You came to the right place, i am also struggling with these issues as are many people here, I am not married yet but i feel with the tools of GYE im moving in the right direction & i wont feel guilty getting married.

All i can say is that working on recovery makes you feel so much better even before you overcome it!

Hatzlocha to you!

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Re: Addicted and about to get engaged..
Posted by Seekerofpeace - 17 Feb 2016 11:43

Yes you're right of course. I would never base critical life decisions on the advice of anonymous people. Just fishing for perspective I guess.

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Re: Addicted and about to get engaged..

Posted by GuideMe - 17 Feb 2016 22:50

Wow. tough decision.

Good luck

b'hatzlachah

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