

Could one have an excuse for acting out?

Posted by doingtshuva - 21 Oct 2015 05:15

I'm very serious with my question, because I have spoken with some people that believe or tend to believe that they in their situation are permitted to act out.? (Or wont get punished for acting out)

I alone have spoken with an older Bucher who told me that he has a Heter from a Ruv (I wonder who) to ma..... witch is hard for me to believe.

So Tachlis does an excuse for acting out exist?

No matter if your single, divorced, imprisoned, poor, sick, (addicted) board, separated, abused, pested, you can still add on to the list.

I have one plea,

Please take your time to reply with a full answer, in which you also explain why you belive that your answer is the right one.

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Re: Could one have an excuse for acting out?

Posted by Gettingcloser - 21 Oct 2015 05:28

Maybe the heter is that if he doesn't have the ability to act out in his privacy he will damage children....

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Re: Could one have an excuse for acting out?

Posted by markz - 21 Oct 2015 11:04

There is a heter found in halachic sources that all of us have access to

BUT i will not share it here or privately unless I get admin permission to, and I'm not reaching out to request that

I may have used this halacha as an excuse to act out, but more often as a rationalization to calm me after acting out that 'hey don't feel so bad - that Halachic dispensation applied to you'

So - can that bachur have a heter?

Im surprised at that Rabbi

I must assume it's an exceptional situation. and I assume his Rav has his head screwed on right.

And I assume the Rav is basing his psak partly on that halacha.

But in general?

Knowledge of that Halacha is a virtual death sentence for some / most of us that are our personal rabbi

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Re: Could one have an excuse for acting out?
Posted by cordnoy - 21 Oct 2015 12:28

[doingtshuva wrote:](#)

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The posters on this site are not halachic authorities.

Ask your rabbi or email one.

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Re: Could one have an excuse for acting out?
Posted by Bigmoish - 21 Oct 2015 12:36

This thread is completely besides the point. No one is here for a heter. We are all here to stop.

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Re: Could one have an excuse for acting out?
Posted by Shlomo24 - 21 Oct 2015 13:34

[Bigmoish wrote:](#)

This thread is completely besides the point. No one is here for a heter. We are all here to stop.

I completely agree. I couldn't give a darn if I had a heter or not. I still want to stop.

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Re: Could one have an excuse for acting out?
Posted by Watson - 21 Oct 2015 14:19

Reminds me of this:

guardyoureyes.com/forum/17-Balei-Battims-Forum/248487-Could-I-Fantasize-About-My-Own-Wife?limit=15&start=120#266448

[Dov wrote:](#)

The reason I offered talking over the phone is that when a person makes an issue of..... it feels to me that there is probably another issue here he is not talking about.

Why is he (that's you, but I'm being very nice) worried about it at all?why does he fight with it so strongly and demand that people *prove* it to him first? Does he do the same with *all* halachos - every single time he hears a rebbi say, for example, that "doing such-and-such on Shabbos is assur mishum borer," does he react this way?

It makes me wonder. Not *suspect* - just wonder. It's possible that this business is part of something bigger, that's all. I then feel like saying: "OK. Can we first clarify the context of your question by eliminating the fear and shame and being really relaxed, letting our hair down and talking it out with a safe, caring person who really understands?"

It's impossible to do that on the forum.

Though I love the forum for starting the recovery process by starting people with opening up, I do not believe a virtual forum is a truly honest way of communicating about anything important. the forum is a place where real honesty is based on the admitters being hidden. I like to call it (a play on Descartes) actually *cognito ergo sum!* - "I am *secret*, therefore I am!" Funny? Nah, forget it. See, the fake name you are using together w the fake name the guy who may be answering you is using ultimately make for a slightly fake discussion. If you two would be in the

same room together face to face and tried talking the emess, things might go very differently.
Either:

1- you'd run out of the room altogether

or

2- you'd say, "Well, if he is not afraid of me, so I need not be afraid of him either!"...so you'd open up about much more truth of what's really going on *than you even admitted to yourself* and you'd find the real answers you need

or

3- you might see that the fellow giving you all the deep advice about marriage and life was really a newlywed avreich w little to no experience and yet a very great need to dispense advice so that he feels better about himself

or

This is not the end of discussion. I am just trying to open a more honest discussion so that things I appreicate as useful progress can really start.

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Re: Could one have an excuse for acting out?
Posted by mike dupont - 21 Oct 2015 14:23

Actually, sometimes knowing that you could do it will help you not do it.

You just need to feel the reassurance that you can rely on something when 'needed'.

When I decided to go clean I stopped searching for pictures and deleted my old ones.

But: I didn't delete them all in one go as I felt I needed to keep something just in case of.

BH in the mean time I deleted all the pictures that I'm aware of.

In no way am I giving an Halachic opinion here; this part has to be dealt with the proper authorities.

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Re: Could one have an excuse for acting out?

Posted by Watson - 21 Oct 2015 15:47

That's where your experience is different from mine. For me recovery starts with an acceptance that lust cannot be an option any more. Not lusting after porn, or women in the street, or my co-workers, or my own wife (ouch! Controversy alert!). Not if it's ossur, not if it's muttar.

Warning: Spoiler!

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Re: Could one have an excuse for acting out?
Posted by belmont4175 - 21 Oct 2015 16:07

I don't know of any Hetter, and not looking for one, acting out is not an option for me anytime.

However I really wonder if that Rav has any clue on this issues, for one with the least little knowledge would send the poor boy for REAL help (aka psychiatrist / therapist etc.)

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Re: Could one have an excuse for acting out?
Posted by Shlomo24 - 21 Oct 2015 16:28

I will add to my above post. Lust kills me. It makes me not have a life. Me and lust cannot coexist, kinda like Harry and Voldemort. It doesn't matter if it is muttar or not, it can turn my life over. Even (iy"h) with my wife. Which is why it is fairly common to go through a period of abstinence with one's wife in SA, it's muttar, but it's not good for us.

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Re: Could one have an excuse for acting out?
Posted by markz - 21 Oct 2015 17:52

Btw If a rabbi gave allowance to someone I presume that bachur is very very sick, else the rabbi is , and you are not, so just KOT and ignore drunks on the road

BUT

CuriousGeorge im worried for you. Are you lost?

I see your signatures and it looks like someone on a xrated pornsite

Being curious makes me lust !!!

The more I feed it, the more I'll need it!!!

Then you ask out of CuriousGeorgity

Could one have an excuse for acting out?

What's next? I fear the worst

Could one have an excuse for opting out of gye?

Yo all lost peoples please go out and buy yourselves a GPS - see my signature

Safe trip

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Re: Could one have an excuse for acting out?

Posted by skeptical - 21 Oct 2015 18:37

Dr. Watson

For me recovery starts with an acceptance that lust cannot be an option any more.

So you don't buy into the "One Day At A Time" doctrine?

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Re: Could one have an excuse for acting out?
Posted by doingtshuva - 21 Oct 2015 18:52

I can't answer to each and every one because there's a lot, but please read over my first post

A copy:

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1-There is a lot written in my first post besides the old bucher and the Ruv.

2-Calm down chevra why do you think that I AM looking for a HETER? I'm talking in general and for those do think so.

3-I have reached the wall in the past and I have hundreds of clean days behind me

4- NO I don't believe that one can have a heter to act out BUT I do believe that some situations can make it for some people almost impossible to win their battle

All the best

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Re: Could one have an excuse for acting out?
Posted by Watson - 21 Oct 2015 19:46

[skeptical wrote:](#)

Dr. Watson

For me recovery starts with an acceptance that lust cannot be an option any more.

So you don't buy into the "One Day At A Time" doctrine?

The acceptance has to be renewed one day at a time.

There are actually 2 SA mehalchim (that I'm aware of) in what one day at a time means, each one being the preferred mehalach of a member with over 3 decades of sobriety. So I guess eilu vo'eilu.

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