

Free lust Truck Towing - see page 1  
Posted by Markz - 15 Oct 2015 00:52

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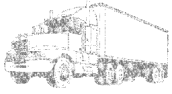
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**Welcome Aboard:** I'd like the first few pages of this thread to be publicly shared / traded. My intent is to include universal trucking tips many guys can benefit from - that aren't found (yet) in 30 tool section.

**Please Comment:** I'm open to any input. If there's something in the first pages that you'd like to add or comment on, please do so right here

Keep on Trucking!!!



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Re: Truck Tow  
Posted by markz - 09 Dec 2015 13:18

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Re: Truck Tow  
Posted by markz - 09 Dec 2015 13:21

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Re: Truck Tow  
Posted by markz - 09 Dec 2015 13:21

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Re: Free lust Truck Towing - see page 1  
Posted by markz - 16 Dec 2015 03:50

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[eslaasos wrote:](#)

[markz wrote:](#)

I like to spend time either in Torah or in recovery

Thats a truck I'd like to hitch a ride with!

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Re: Free lust Truck Towing - see page 1  
Posted by markz - 16 Dec 2015 03:50

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Eslaasos Welcome aboard.

In your honor this thread is being revealed.

Just one little disclaimer

What "I like" isn't necessarily what I do practically

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Re: Free lust Truck Towing - see page 1  
Posted by markz - 16 Dec 2015 04:00

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**WARNING:**

People may offer to be in touch via email, cellphone apps, phone, etc. Unless you have chatted with them to the point that you feel comfortable with them and feel that they are stable, this is not recommended

I almost got burnt recently by an unscrupulous individual that seemed stable. Guys - please

take caution

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Re: Free lust Truck Towing - see page 1  
Posted by neshamaincharge - 17 Dec 2015 00:47

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Awesome thread!

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Now I have something else to read when I want to escape and procrastinate  
Re: Truck Towing - #5 Great Posts - Recovery  
Posted by Mesayin - 28 Dec 2015 21:52

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What a great idea, it's like the GYE yellow pages, ze! gebenched!

And of course I love your trucker wise cracks:

[markz wrote:](#)

8- [Disclosing to Wife](#), see also [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#) and [here](#)

Chazak V'emutz

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**GYE - Guard Your Eyes**

Generated: 5 April, 2025, 18:42

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Re: Free lust Truck Towing - see page 1  
Posted by Mesayin - 28 Dec 2015 21:53

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[Mesayin wrote:](#)

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Chazak V'emutz

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Re: Free lust Truck Towing - see page 1  
Posted by markz - 11 Jan 2016 18:07

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Tool # 119

**A speaker in your back pocket**

(You never know when you'll need it)

[tehillimzuger wrote:](#)

i was doing pretty good until now but various circumstances led to me spending the meals this past shabbos with a certain girl (i'm a bachur) and then going on a full day trip with her yesterday, now there were other ppl there so it wasn't yichud and i didn't even speak to her (directly) the whole time, but it was kind of uncomfortable going to meron, tzfat, tiveria. with two ppl out of the six going being the only singles and of the opposite sex, so there we were both davening for a shidduch and it was kinda uncomfortable [was that a run-on sentence?]. but i survived. then last night i had a dream where i watched p\*\*n and started mas\*\*\*\*\*ing i didn't finish though, i woke up and stopped. so i'm still doing pretty good but i could really use some chizuk.

oh, and did i mention that i said tehilim at the mekomos hakedoshim?

HER camera is right in front of me as we speak and there are some good pics of me [not to mention HER] o0n it and i'm NOT going to touch it

[gibbor120 wrote:](#)

How soon can you get the heck out of your situation? The sooner the better!

[ZemirosShabbos wrote:](#)

hi TehillimZuger,

are you out of the 'situation' yet?

if not, then it's time to rev dem enjins and put the petal to the metal

kibalti mayrabi mi'Bardichev sheyichyeh, that we don't look back, we just go forward, this is the NO HAND-WRINGING ZONE

[tehillimzugger wrote:](#)

**yeah. she's here now again.**

keep the chizuk coming guys!

[ZemirosShabbos wrote:](#)

**creep up on her and position a Monstuh' Truck Speaker near her (ear) and then let loose with Kapitel 119. you should only hear from her again in about 2030...**

**or book a trip to Meron Tzfas Teverya without her**

or call the Mishmeres Hatzniyus

[tehillimzugger wrote:](#)

u really got me laughing ;D ;D ;D ;D ;D ;D ;D

but she's blowdrying my sister's sheitel right now (she's very talented lol) and that would kind of upset some ppl here.

oops, she just asked for the computer, i'm off for some music.

[ben durdayah wrote:](#)

This is **NOT** an ideal situation.

Why don't you come over and spend a few days with me...

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Re: Free lust Truck Towing - see page 1  
Posted by markz - 11 Jan 2016 18:10

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[milehashem wrote:](#)

Geshmock,

This is what I did.

The very second you get an urge to look at something, CLAP!

Clap your hands together. If the urge is still there, clap again. Harder.

Still there? Clap again. Still there? Clap!

Eventually, one of three things will happen:

The urge will pass. You win!

Someone will come into the room and say "What is all that noise? Are you okay?"

You will makeup some silly excuse for all that clapping, and you will be too embarrassed to continue sitting at the computer. You win!

Or, your hands will hurt so much from all that clapping, that you won't be able to use them for the aveirah..... .....and you win!



**I'm up to 14 days, and with this technique, I know I'll get to 90**

By the way, after the first few days, you won't feel that overwhelming urge to go look, as often as you do now. It will still be there, but it will be less intense and less often.

Also - go to a mikvah, preferably a COLD one. You can walk in slowly if you want to, but eventually force yourself to toivel completely into the cold mikvah. A cold mikvah has vast spiritual benefits, specifically related to this aveirah, that are too complex to explain in this forum. (Ask any mekubal, he'll tell you the same)

Try to stay under the water for a few seconds , making sure that no part of your body is touching the floor or walls.

Get yourself to a mikvah as often as possible, but at the very least every erev shabbos and yom tov. Natural lakes as well as the ocean are also kosher mikvaos.

You can do it! I believe in you!

(Oct 2011)

This guy stayed with us for less than a month - any idea why?

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Re: Free lust Truck Towing - see page 1  
Posted by Gevura Shebyesod - 11 Jan 2016 21:32

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If you see someone clapping in the Mikva then you found him

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Re: Free lust Truck Towing - see page 1  
Posted by markz - 21 Jan 2016 19:16

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Today with the help of ?? I tried to do a towing *upgrade*, and the [Success Stories](#) on page one have a new face

If you like you can

*Check it, check it, check it, checkit out*

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Re: Free lust Truck Towing - see page 1  
Posted by markz - 21 Jan 2016 23:05

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[cordnoy wrote:](#)

[neshamaincharge wrote:](#)

I need to read thru this thread at least once a month. There is so much wisdom in here to be absorbed and PRACTICED.

Thanks for bumping.

I try not to bump an old thread where I was the last poster.  
That cuts 50% of good threads from getting bumped, so I totally don't agree with that policy!

...In other news...

If there's any good threads you know of, I'd love to get a list of those so that I can add them to the first page of this towing thread, and they can then always be "read"-ily available, cos there are other gye's that look at this page too

Feel free to post them right here, whenever you find any good ones, or please email them to me

[markzgye@gmail.com](mailto:markzgye@gmail.com)

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