

Solutions for Tonight

Posted by waydown - 16 Aug 2015 22:06

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Guys I need some ideas how to overcome my yetzer for tonite. As I have posted before I normally fall asleep via J/O. And if I wake up in middle of the nite I'll do it again. Any ideas how not to? So far for starteres read something clean before sleeping.

I will be on only for another hour or two. I do not want log in to the internet once I get home from shul even if its just for GYE. Its just too dangerous.Thus the urgency

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Re: Solutions for Tonight

Posted by markz - 20 Dec 2015 01:33

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Waydown, may I quote a gemara?

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Re: Solutions for Tonight

Posted by markz - 20 Dec 2015 01:38

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[horiyos 10b wrote:](#)

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Re: Solutions for Tonight  
Posted by waydown - 20 Dec 2015 01:42

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Markz,

I got a good M Shabbos. I love your humor and musser together. You have a great writing style.  
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Now in all honesty, Re "If your current life is normal"

- 1) Its normal but can spiral out of control any time I am not on my feet
- 2) Its just too bad. I am a frum yid and I am not allowed to commit the sins I do. So I must stop

Re "Just please don't say lashon hara that everyone in the religious world has the same normality that you do"

I don't want to open old wounds. But 1) I never said "everyone" has the same normality that I have 2) I happen to have an obsession with lust. That is not the "normal" albeit I think more common than many admit. What I did say was that "*many*" dabble with lust. Not that they have an obsession with it. But they do appreciate very pretty wives so that they can lust (or don't call its lust rather call it have additional pleasure on top of just plain love and giving during marriage). And that's why many boys put pretty girls as the number one requirement on their shidduch list. That doesn't mean that they don't come to their senses and settle for less. But there is a reason its #1 on the list.

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Re: Solutions for Tonight  
Posted by waydown - 20 Dec 2015 01:48

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Markz,

gemara's are always tough to apply now-days. In fact I think of the gerrer rebas once said you take care of the other taivosw and don't worry about tavious achila. Its less stringent than other tavious(it could be I am mixing up the rebas)

Besides that gemara will get a lot of overnight Kugel fresers in trouble. In fact our little secret I ate gala (petcha) by a Kiddush today. If my wife would know its second to my lust problem.... SH!!!! SH!!!! Our little secret!

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Re: Solutions for Tonight  
Posted by markz - 20 Dec 2015 01:52

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The only lifeline we have to anything is Gemara - we need a Rebbe to teach us how to apply BUT we cant mach avek in gansen

Do yourself a favor if you never read R' Yerucham zl - read what he says about the afore mentioned Gemara in P Yisro

It's incredible!!!!

And relevant to the year 2016 Lemisparam ???

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Re: Solutions for Tonight  
Posted by markz - 20 Dec 2015 01:58

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The point was if my primary intent in tashmish is my selfishness then Im considered a posh(ea)

If my intent is to benefit someone else, I am considered a tzaddik

If my intent is to ignore gemara I'm a jerk

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Re: Solutions for Tonight  
Posted by waydown - 20 Dec 2015 02:16

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Markz

What if my intent in tashmish is both satisfy myself and my wife? Just like when I eat my Shabbos seuda. My wife enjoys the company and ambiance around the seuda. But I enjoy my boach (belly) too!

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Re: Solutions for Tonight  
Posted by markz - 20 Dec 2015 02:37

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You're confusing the reason, with the result

Please see my Torah thread for more

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Re: Solutions for Tonight  
Posted by eslaasos - 20 Dec 2015 02:47

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Mark, would you mind posting it, either here or in your chizuk thread?

Thank you

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Re: Solutions for Tonight  
Posted by markz - 20 Dec 2015 02:56

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[eslaasos wrote:](#)

[markz wrote:](#)

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Unfortunately I don't have access to a copy of ????, but I have some funny feeling, you will hear tires screeching and every Bais Medrash packed within 1/2 hr, cos of this little spoiler

**Warning: Spoiler!**

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Re: Solutions for Tonight  
Posted by waydown - 20 Dec 2015 17:30

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Is that R yeruchim's Z"L sefer?

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Re: Solutions for Tonight  
Posted by wantoimprove - 21 Dec 2015 08:14

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What does M"Z stand for?

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Re: Solutions for Tonight  
Posted by BenTorah.BaalHabayis - 21 Dec 2015 14:34

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[wantoimprove wrote:](#)

What does M"Z stand for?

Motzi Zera i.e. Masturbating

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Re: Solutions for Tonight  
Posted by eslaasos - 21 Dec 2015 16:27

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[markz wrote:](#)

[eslaasos wrote:](#)

[markz wrote:](#)

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Which volume?

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