

Unstructured time

Posted by change_myself - 25 Jun 2015 08:11

Hi guys

today is my last day of classes, and im about to go through finals- which means a lot of unstructured time, stress, and alone time studying. ive never had good streak, and i really want to get through these next two months not ashamed of myself. i will try to keep you guys posted on how things are going. i really could use the support- i feel very alone in this struggle.

i just have to reach out to others and make it that im not carrying this thing by myself- ive carried it myself for the past 12 years. its too much-

i wish hatzlacha to everyone today

=====
=====

Re: Unstructured time

Posted by Changing - 25 Jun 2015 10:23

I wish you hatzlocho rabo from the depths of my heart. I have found that when i am on bein hazmanim i.e unstructured time it is 1000 times harder. One thing that helps me is to start the day off right. Daven shacris with a early minyan then learn for an hour after then start your day. Hope this helps!

=====
=====