

a new start

Posted by mggsbms - 24 Jun 2015 14:48

After being here for many years and succeeding sometimes more then others, I have left GYE.
im trying to start this thing again with renewed motivation hopefully with good results.

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Re: a new start

Posted by mggsbms - 14 Mar 2016 00:00

I'm still stuck in the rut.

Can't get myself in the mood to work the steps. I know what I have to do to be sober. I'm just to
downtrodden to care. I know it sounds depressing. But it is. So if anyone has an idea to get me
working again, shoot.

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Re: a new start

Posted by cordnoy - 14 Mar 2016 00:42

In a moment of non-turbulence, reach out and call.

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Re: a new start

Posted by realsimcha - 14 Mar 2016 11:54

[mggsbms wrote on 14 Mar 2016 00:00:](#)

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But you haven't stopped posting and sharing. that takes courage. My first time falling off this site was a fall that I didnt have the courage to get back on and tell the chevra that I fell. So kudos to you for the dtrength and courage and we are all rooting for you

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Re: a new start

Posted by Yesod - 14 Mar 2016 13:45

Hi,

Did you start working the steps? What's your involvement thus far?

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Re: a new start

Posted by mggsbms - 15 Mar 2016 15:37

I'm back (I hope so).

It's been a awful two weeks as documented above. Was in a deep freeze hardly in touch with reality. I snapped out of it for now. So help me hashem.

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Re: a new start

Posted by pischoshelmachat - 15 Mar 2016 16:36

I wish you. L'yehudim hoisa oira! V'simcha,Vekar

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Re: a new start

Posted by mggsbms - 15 Mar 2016 16:47

Umein !

As I'm not sure the "Thank you" button constitutes a "umein".

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Re: a new start

Posted by cordnoy - 15 Mar 2016 18:52

[mggsbms wrote on 15 Mar 2016 16:47:](#)

Umein !

As I'm not sure the "Thank you" button constitutes a "umein".

It does.

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Re: a new start

Posted by mggsbms - 15 Mar 2016 19:23

A rayeh please

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Re: a new start

Posted by cordnoy - 15 Mar 2016 19:27

[mggsbms wrote on 15 Mar 2016 19:23:](#)

A rayeh please

I will let the lamdanim (and at the end of call today, there were plenty) explain the true meanin' of umein, and thanks...hodaah. Then we shall see if they are similar.

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Re: a new start

Posted by Shlomo24 - 15 Mar 2016 21:11

[mggsbms wrote on 14 Mar 2016 00:00:](#)

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In my experience, when I am not willing, i ask god to grant me the willingness to do his will. He

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Re: a new start

Posted by mggsbms - 15 Mar 2016 21:31

And what's if I'm not willing to ask god to give me willingness. That's a tough one. Basically when one is happy in the dirt.

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Re: a new start

Posted by Shlomo24 - 16 Mar 2016 06:07

Then I ask one level deeper, I actually have done that btw, not just spewing.

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Re: a new start

Posted by mggsbms - 05 Apr 2016 00:18

A lot has been going on behind the scenes since I last posted, some good some not so good and some out right bad (the out right bad is my doing goes without saying).

I can't believe that all the positive sentiment that I felt a mere four weeks ago are gone with the wind.

In any case we're working on some major changes that will hopefully work for the long haul. One day at a time.

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