

a new start

Posted by mggsbms - 24 Jun 2015 14:48

After being here for many years and succeeding sometimes more then others, I have left GYE. im trying to start this thing again with renewed motivation hopefully with good results.

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Re: a new start

Posted by mggsbms - 23 Feb 2016 16:17

Oh for sure.

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Re: a new start

Posted by mggsbms - 25 Feb 2016 11:16

I'm having a full fledged lust attack. The feeling of escapism creeping up, and it's looking attractive. I've had some very tough decisions to make this week, not helping either. Besides that it's a N cycle (I haven't gone through one sober in about three years - technically it's taking longer then the usual. I feeling uncomfortable physically as well, u know what I mean?).

However I don't think it's worthwhile. It just doesn't pay. As someone put it "there is no problem that lusting doesn't make worse". So I ask you Reboish"O please keep me sober. That i should be a healthy spouse, father, friend, employee, community member. If i act out I will be checking out of real life. So help me Hashem.

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Re: a new start

Posted by mggsbms - 25 Feb 2016 11:19

That helped somewhat. Shuuu!!

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Re: a new start

Posted by cordnoy - 25 Feb 2016 11:49

[mggsbms wrote on 25 Feb 2016 11:16:](#)

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Amen.

Say it again please.

And perhaps the tears flowin' down my cheeks should help as well.

B'hatzlachah

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Re: a new start

Posted by Yesod - 25 Feb 2016 16:07

Hey M g,

Hang in there pal, rooting for you.

Have an awesome day

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Re: a new start

Posted by mggsbms - 01 Mar 2016 20:32

Humpty dumpty had a great fall..

Praying that we could put it back together again.

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Re: a new start

Posted by Yesod - 01 Mar 2016 21:00

Sorry to hear friend, we've all been there, and usually it hurts afterwards quite a bit more and for a longer time than the fall. So i hope you get back up, brush yourself off, feel better, and keep on going.

You've had a long streak which means you're improving. So let's add some more focus, and some more tools and get going.

Hatzlacha Rabba, if i can be of any help please PM me.

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Re: a new start

Posted by Gevura Shebyesod - 01 Mar 2016 21:35

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Re: a new start
Posted by markz - 03 Mar 2016 02:01

That picture belongs on PAs hardcore plumbing tHrEAD

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Re: a new start
Posted by mggsbms - 06 Mar 2016 16:31

Thanks yesod for your chizuk !

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Re: a new start
Posted by Yesod - 06 Mar 2016 16:57

Markz was supposed to say this line, but he probably got busy. So ill say it.

"All the king's horses and all the king's men couldn't put humpty dumpty together again, but the king sure can"

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Re: a new start
Posted by cordnoy - 10 Mar 2016 13:05

Hey!

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Re: a new start

Posted by mggsbms - 10 Mar 2016 13:26

Yeh the going got a little tough.

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Re: a new start

Posted by pischoshelmachat - 10 Mar 2016 14:45

Hi Reb MGGSSBSM,

Hang in there..it gets better. May the RBS"O grant you serenity, clarity and recovery!

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