

why mussar doesn't work
Posted by ted - 24 Mar 2015 02:41

an alcoholic who has an alchohol addiction doesnt learn mussar to help him because alcoholism is not a Sin its a disease.

So too if I am a lust addict my addiction is a disease. and seforim wont get rid of your cancer and they wont get rid of my addiction.

We try learning mussar because our particular disease is also an aveirah but all AA groups use the same 12 steps for their addiction gamblers drinkers over eaters etc.. that is the proof that lust addiction is a disease like any addiction and needs to be cured with "medicine" that works for addictions. And just as I wouldnt learn mussar to help my alchohol addiction same witha lust addiction.

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Re: why mussar doesn't work
Posted by chosemyshem - 10 Mar 2025 14:30

Bump.

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