

Should I display my Current streak?

Posted by doingtshuva - 22 Feb 2015 11:08

Should I or shouldn't I display my Current streak on the forum?

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Re: Current streak:

Posted by cordnoy - 22 Feb 2015 13:55

all up to you...whatever tickles your fancy.

b'hatzlachah

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Re: Current streak:

Posted by yiraishamaim - 22 Feb 2015 15:34

I know for me I get chizuk seeing others having a very high number of clean days. It gives hope I too (and all of us) may one day BE"H be so zocheh.

I am not intimidated because the forum is filled with streaks of varying lengths

As well, knowing I can post each day another one on my streak is another incentive for me.

As I posted on another thread I feel like a little boy with a mitzvah note but HEY it helps.

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Re: Current streak:

Posted by doingtshuva - 24 Feb 2015 22:10

I wonder what is the reason that some post their strike, and others don't?

Is it shame, fair or ? would like to hear.

If your strike would be shone only for the members of GYE would you post your strike?

Maybe we can ask to make some changes?

If you are willing to start the chart just click here.

guardyoureyes.com/tools/90-day-chart

We have to remember that a fall doesn't always mean doing something very bad, it can happen in 3 sec'. Look at the rules:

What constitutes a "Fall" to require restarting the count?

There are "slips" and there are "falls". "Slips" do not require restarting the count. "Falls" do require restarting.

A "Fall" is one of the following things:

- 1- Intentional masturbation (with finish)**
- 2- Intentionally viewing improper sites**
- 3- Intentionally calling inappropriate telephone numbers**
- 4- Intentionally seeking out and reading erotica**

Worse things, which we need not mention

In regard to number 2 (and 4), if someone saw something by mistake and then got a little bit carried away and kept looking at it, or even if someone saw a link and couldn't resist clicking on it but then catches themselves within a few seconds, that would only be considered a "slip", not a "fall". However, if someone decides to actively pursue viewing bad sites, that would be considered a fall.

No one knows from what you fell, and you just start from fresh like a Gibbor.

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Re: Current streak:

Posted by doingtshuva - 26 Feb 2015 21:12

Do you find displaying helping you stay sober?

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Re: Current streak:

Posted by gibbor120 - 27 Feb 2015 18:51

[doingtshuva wrote:](#)

No one knows from what you fell, and you just start from fresh like a Gibbor.

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Thanks for your advice

Re: Current streak:

Posted by doingtshuva - 01 Mar 2015 10:52

Sorry Gibbor - What do mean if somebody called?

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Re: Current streak:

Posted by doingtshuva - 01 Mar 2015 11:11

When we fall we start counting 90 from 0

I think that we should have a count for porn and a extra count masturbation.

Just to know how long we're clean from each.

I have seen this on a other porn and masturbation recovery site (can't remember the name)

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Re: Current streak:

Posted by neshamaincharge - 01 Mar 2015 21:33

[doingtshuva wrote:](#)

Do you find displaying helping you stay sober?

Thanks for your advice

Helps me!

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Re: Current streak:

Posted by wants2succeed - 02 Mar 2015 02:45

Helps me too! Makes me feel more accountable...

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Re: Current streak:

Posted by yiraishamaim - 02 Mar 2015 04:28

Dittos

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Re: Should I display my Current streak?

Posted by TalmidChaim - 02 Mar 2015 04:42

I keep the old score posted by my name here. Anything that keeps me motivated. Look, we all need to hold each other up here, and I could say from experience that you'll never meet a more supportive, understanding, warm group of guys than the GYE club here. If/when you fall, and your count zeroes out again, it may be a way to let others know what happened without spelling it out and announcing it explicitly on the forums (though, if you could do that, it'd probably be a very effective strategy too).

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Re: Should I display my Current streak?

Posted by cordnoy - 02 Mar 2015 13:51

[TalmidChaim wrote:](#)

I keep the old score posted by my name here. Anything that keeps me motivated.

You do?

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Re: Should I display my Current streak?

Posted by serenity - 02 Mar 2015 16:15

Where is the chart that we check a box for each day we actively do something positive in furtherance of our recovery?

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Re: Should I display my Current streak?

Posted by TalmidChaim - 02 Mar 2015 16:25

Cordnoy, it's usually there. I think if it gets reset to 0, it doesn't appear until there is 1 clean day. I could be wrong.

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